US HARBORS www.USHarbors.com

Rockland, ME - Jun 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:17	11.3	1:59	10.2	7:49	-0.8	7:59	0.5	4:55	8:13	
2	Fri	2:05	11.4	2:49	10.2	8:38	-0.8	8:52	0.5	4:55	8:13	
3	Sat	2:58	11.2	3:44	10.3	9:30	-0.8	9:49	0.5	4:54	8:14	
4	Sun	3:55	11.1	4:44	10.5	10:26	-0.7	10:51	0.4	4:54	8:15	
5	Mon	4:58	10.8	5:46	10.6	11:24	-0.5	11:55	0.3	4:54	8:16	
6	Tue	6:07	10.6	6:50	10.9			12:25	-0.4	4:53	8:16	
7	Wed	7:16	10.6	7:51	11.2	1:01	0.0	1:25	-0.4	4:53	8:17	
8	Thu	8:21	10.6	8:49	11.6	2:05	-0.3	2:24	-0.3	4:53	8:18	
9	Fri	9:22	10.6	9:44	11.8	3:05	-0.7	3:21	-0.3	4:53	8:18	
10	Sat	10:19	10.6	10:36	11.9	4:02	-0.9	4:15	-0.2	4:52	8:19	
11	Sun	11:12	10.6	11:25	11.9	4:55	-1.1	5:06	0.0	4:52	8:19	
12	Mon			12:03	10.5	5:45	-1.1	5:54	0.2	4:52	8:20	
13	Tue	12:12	11.7	12:51	10.3	6:32	-1.0	6:41	0.4	4:52	8:20	
14	Wed	12:58	11.4	1:37	10.1	7:18	-0.7	7:26	0.7	4:52	8:21	
15	Thu	1:41	11.0	2:22	9.8	8:01	-0.4	8:10	1.1	4:52	8:21	
16	Fri	2:24	10.6	3:06	9.6	8:44	0.0	8:55	1.3	4:52	8:22	
17	Sat	3:06	10.1	3:51	9.4	9:28	0.3	9:41	1.6	4:52	8:22	
18	Sun	3:51	9.7	4:36	9.2	10:12	0.7	10:31	1.7	4:52	8:22	
19	Mon	4:38	9.4	5:23	9.2	10:58	0.9	11:22	1.8	4:53	8:23	
20	Tue	5:30	9.1	6:12	9.2	11:46	1.2			4:53	8:23	
21	Wed	6:25	8.9	7:00	9.4	12:16	1.7	12:35	1.3	4:53	8:23	
22	Thu	7:21	8.9	7:48	9.6	1:10	1.5	1:24	1.3	4:53	8:23	
23	Fri	8:15	8.9	8:33	9.9	2:03	1.2	2:13	1.3	4:54	8:23	
24	Sat	9:05	9.1	9:17	10.3	2:53	0.8	3:00	1.2	4:54	8:23	
25	Sun	9:53	9.3	10:00	10.7	3:40	0.4	3:46	1.0	4:54	8:23	
26	Mon	10:38	9.6	10:43	11.1	4:26	0.0	4:31	0.8	4:55	8:24	
27	Tue	11:23	9.9	11:27	11.5	5:12	-0.5	5:17	0.5	4:55	8:23	
28	Wed			12:08	10.2	5:57	-0.9	6:04	0.3	4:56	8:23	
29	Thu	12:13	11.7	12:54	10.5	6:43	-1.1	6:52	0.1	4:56	8:23	
30	Fri	1:01	11.9	1:43	10.7	7:31	-1.3	7:44	-0.1	4:57	8:23	