US HARBORS www.USHarbors.com

Rockland, ME - Sep 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:23	10.3	5:48	11.0	11:23	0.3			6:00	7:12	
2	Sat	6:29	9.9	6:52	10.8	12:08	-0.2	12:27	0.7	6:01	7:10	
3	Sun	7:33	9.7	7:54	10.7	1:13	0.0	1:31	0.9	6:02	7:08	
4	Mon	8:32	9.7	8:51	10.6	2:14	0.1	2:30	0.9	6:03	7:06	
5	Tue	9:25	9.8	9:43	10.6	3:10	0.1	3:25	0.9	6:05	7:04	
6	Wed	10:14	9.9	10:30	10.6	4:00	0.1	4:13	0.8	6:06	7:02	
7	Thu	10:59	9.9	11:13	10.5	4:44	0.1	4:56	0.7	6:07	7:01	
8	Fri	11:39	10.0	11:52	10.4	5:23	0.2	5:35	0.7	6:08	6:59	
9	Sat			12:15	10.0	5:59	0.3	6:12	0.6	6:09	6:57	
10	Sun	12:28	10.3	12:47	9.9	6:33	0.4	6:47	0.7	6:10	6:55	
11	Mon	1:00	10.1	1:16	9.9	7:06	0.6	7:22	0.7	6:11	6:53	
12	Tue	1:30	9.9	1:43	9.8	7:39	0.8	7:58	0.8	6:13	6:51	
13	Wed	2:02	9.6	2:16	9.8	8:13	1.0	8:37	0.8	6:14	6:50	
14	Thu	2:39	9.4	2:54	9.8	8:51	1.2	9:20	0.9	6:15	6:48	
15	Fri	3:22	9.2	3:38	9.7	9:34	1.4	10:08	1.0	6:16	6:46	
16	Sat	4:11	9.0	4:29	9.8	10:22	1.6	11:02	1.0	6:17	6:44	
17	Sun	5:06	9.0	5:25	9.8	11:17	1.6			6:18	6:42	
18	Mon	6:08	9.0	6:27	10.1	12:01	0.8	12:18	1.5	6:19	6:40	
19	Tue	7:13	9.3	7:31	10.5	1:02	0.5	1:20	1.1	6:21	6:38	
20	Wed	8:16	9.9	8:34	11.0	2:02	0.0	2:21	0.5	6:22	6:37	
21	Thu	9:14	10.5	9:33	11.5	2:59	-0.5	3:19	-0.1	6:23	6:35	
22	Fri	10:08	11.2	10:29	12.0	3:53	-1.0	4:14	-0.8	6:24	6:33	
23	Sat	10:59	11.8	11:23	12.3	4:45	-1.4	5:08	-1.4	6:25	6:31	
24	Sun	11:49	12.2			5:35	-1.6	6:01	-1.8	6:26	6:29	
25	Mon	12:16	12.3	12:39	12.5	6:25	-1.6	6:54	-1.9	6:27	6:27	
26	Tue	1:09	12.1	1:30	12.4	7:16	-1.4	7:47	-1.8	6:29	6:25	
27	Wed	2:04	11.7	2:23	12.2	8:08	-1.0	8:42	-1.5	6:30	6:24	
28	Thu	3:00	11.2	3:19	11.7	9:01	-0.4	9:39	-1.0	6:31	6:22	
29	Fri	4:00	10.6	4:19	11.2	9:59	0.2	10:40	-0.5	6:32	6:20	
30	Sat	5:03	10.1	5:22	10.7	10:59	0.7	11:42	0.0	6:33	6:18	