US HARBORS www.USHarbors.com

Rockland, ME - Oct 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:06	9.7	6:26	10.4			12:03	1.1	6:34	6:16	
2	Mon	7:08	9.6	7:27	10.2	12:45	0.3	1:07	1.2	6:36	6:14	
3	Tue	8:05	9.6	8:24	10.1	1:45	0.4	2:06	1.2	6:37	6:13	
4	Wed	8:57	9.7	9:15	10.1	2:39	0.5	2:59	1.1	6:38	6:11	
5	Thu	9:45	9.9	10:03	10.2	3:28	0.5	3:47	0.9	6:39	6:09	
6	Fri	10:28	10.0	10:46	10.2	4:11	0.5	4:30	0.7	6:40	6:07	
7	Sat	11:07	10.1	11:25	10.1	4:50	0.5	5:09	0.5	6:42	6:05	
8	Sun	11:42	10.2			5:26	0.6	5:45	0.4	6:43	6:04	
9	Mon	12:01	10.0	12:12	10.2	5:59	0.7	6:20	0.4	6:44	6:02	
10	Tue	12:33	9.9	12:40	10.2	6:32	0.8	6:55	0.4	6:45	6:00	
11	Wed	1:03	9.7	1:08	10.2	7:06	1.0	7:31	0.4	6:47	5:58	
12	Thu	1:36	9.6	1:42	10.2	7:41	1.1	8:09	0.4	6:48	5:57	
13	Fri	2:13	9.4	2:22	10.1	8:20	1.3	8:52	0.5	6:49	5:55	
14	Sat	2:56	9.3	3:07	10.1	9:03	1.4	9:40	0.5	6:50	5:53	
15	Sun	3:46	9.2	3:59	10.1	9:54	1.5	10:34	0.5	6:52	5:52	
16	Mon	4:42	9.2	4:57	10.1	10:51	1.5	11:33	0.4	6:53	5:50	
17	Tue	5:44	9.4	6:00	10.2	11:53	1.3			6:54	5:48	
18	Wed	6:50	9.7	7:08	10.5	12:34	0.2	12:58	0.9	6:55	5:47	
19	Thu	7:53	10.3	8:14	10.9	1:35	-0.1	2:01	0.3	6:57	5:45	
20	Fri	8:52	11.0	9:16	11.3	2:34	-0.6	3:01	-0.4	6:58	5:43	
21	Sat	9:47	11.6	10:14	11.7	3:29	-0.9	3:58	-1.1	6:59	5:42	
22	Sun	10:39	12.2	11:08	11.9	4:22	-1.2	4:52	-1.6	7:00	5:40	
23	Mon	11:29	12.5			5:13	-1.3	5:45	-2.0	7:02	5:39	
24	Tue	12:02	11.9	12:19	12.6	6:04	-1.2	6:37	-2.0	7:03	5:37	
25	Wed	12:55	11.7	1:09	12.5	6:54	-0.9	7:30	-1.8	7:04	5:36	
26	Thu	1:48	11.3	2:01	12.1	7:45	-0.5	8:22	-1.4	7:06	5:34	
27	Fri	2:43	10.8	2:55	11.5	8:38	0.0	9:17	-0.9	7:07	5:33	
28	Sat	3:39	10.3	3:51	11.0	9:33	0.6	10:13	-0.4	7:08	5:31	
29	Sun	4:38	9.9	4:51	10.4	10:32	1.0	11:11	0.1	7:09	5:30	
30	Mon	5:38	9.6	5:53	10.0	11:33	1.4			7:11	5:28	
31	Tue	6:36	9.5	6:53	9.7	12:10	0.5	12:34	1.5	7:12	5:27	