US HARBORS www.USHarbors.com

Rockland, ME - Dec 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:40	9.5	7:01	9.1	12:12	1.1	12:45	1.5	6:51	3:59	
2	Sat	7:28	9.7	7:51	9.2	1:02	1.2	1:36	1.2	6:53	3:58	
3	Sun	8:12	9.9	8:38	9.3	1:48	1.2	2:23	0.9	6:54	3:58	
4	Mon	8:53	10.2	9:22	9.4	2:31	1.1	3:06	0.6	6:55	3:58	
5	Tue	9:30	10.4	10:02	9.5	3:12	1.1	3:47	0.3	6:56	3:58	
6	Wed	10:05	10.6	10:40	9.6	3:52	1.0	4:26	0.0	6:57	3:58	
7	Thu	10:39	10.8	11:16	9.7	4:30	0.9	5:05	-0.2	6:58	3:57	
8	Fri	11:16	11.0	11:54	9.8	5:10	0.9	5:45	-0.4	6:59	3:57	
9	Sat	11:56	11.1			5:51	0.8	6:27	-0.5	6:59	3:57	
10	Sun	12:35	9.9	12:40	11.1	6:35	0.7	7:12	-0.6	7:00	3:57	
11	Mon	1:21	10.0	1:28	11.1	7:23	0.7	8:00	-0.6	7:01	3:58	
12	Tue	2:11	10.1	2:21	10.9	8:16	0.7	8:52	-0.5	7:02	3:58	
13	Wed	3:06	10.3	3:19	10.7	9:15	0.6	9:48	-0.4	7:03	3:58	
14	Thu	4:06	10.4	4:24	10.5	10:18	0.5	10:48	-0.3	7:04	3:58	
15	Fri	5:09	10.7	5:34	10.4	11:23	0.2	11:48	-0.2	7:04	3:58	
16	Sat	6:13	11.1	6:44	10.4			12:29	-0.1	7:05	3:59	
17	Sun	7:14	11.4	7:49	10.5	12:49	-0.2	1:32	-0.6	7:06	3:59	
18	Mon	8:12	11.8	8:49	10.6	1:48	-0.2	2:31	-1.0	7:06	3:59	
19	Tue	9:07	12.1	9:44	10.7	2:45	-0.3	3:27	-1.3	7:07	4:00	
20	Wed	9:59	12.2	10:37	10.8	3:38	-0.3	4:19	-1.4	7:07	4:00	
21	Thu	10:48	12.1	11:27	10.7	4:29	-0.2	5:09	-1.4	7:08	4:01	
22	Fri	11:36	11.9			5:18	0.0	5:56	-1.2	7:08	4:01	
23	Sat	12:15	10.5	12:22	11.5	6:05	0.3	6:42	-0.9	7:09	4:02	
24	Sun	1:01	10.2	1:06	11.0	6:51	0.6	7:26	-0.5	7:09	4:02	
25	Mon	1:47	9.9	1:51	10.5	7:38	0.9	8:10	0.0	7:09	4:03	
26	Tue	2:33	9.7	2:36	10.0	8:25	1.3	8:55	0.4	7:10	4:04	
27	Wed	3:19	9.5	3:24	9.6	9:14	1.5	9:41	0.8	7:10	4:04	
28	Thu	4:07	9.3	4:16	9.2	10:06	1.7	10:29	1.1	7:10	4:05	
29	Fri	4:57	9.3	5:12	8.9	11:00	1.7	11:19	1.4	7:10	4:06	
30	Sat	5:47	9.3	6:10	8.8	11:56	1.6			7:11	4:07	
31	Sun	6:38	9.5	7:06	8.8	12:10	1.5	12:50	1.4	7:11	4:07	