US HARBORS www.USHarbors.com

Rockland, ME - Mar 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**6:40**	9.9	**7:26**	9.1	**12:28**	1.6	**1:13**	0.7	6:12	5:24	
2	Fri	**7:38**	10.4	**8:21**	9.6	**1:25**	1.2	**2:07**	0.2	6:10	5:26	
3	Sat	**8:33**	11.0	**9:12**	10.2	**2:19**	0.7	**2:59**	-0.4	6:08	5:27	
4	Sun	**9:25**	11.5	**10:00**	10.9	**3:12**	0.1	**3:48**	-1.0	6:07	5:28	
5	Mon	**10:16**	12.0	**10:47**	11.4	**4:03**	-0.5	**4:36**	-1.4	6:05	5:30	
6	Tue	**11:06**	12.3	**11:35**	11.9	**4:53**	-1.1	**5:23**	-1.6	6:03	5:31	
7	Wed	**11:57**	12.3			**5:44**	-1.4	**6:12**	-1.6	6:01	5:32	
8	Thu	**12:24**	12.1	**12:49**	12.1	**6:36**	-1.6	**7:02**	-1.4	6:00	5:33	
9	Fri	**1:15**	12.1	**1:44**	11.7	**7:31**	-1.5	**7:54**	-1.0	5:58	5:35	
10	Sat	**2:09**	11.9	**2:43**	11.1	**8:27**	-1.2	**8:49**	-0.5	5:56	5:36	
11	Sun	**4:07**	11.6	**4:47**	10.6	**10:28**	-0.8	**10:49**	0.1	6:54	6:37	
12	Mon	**5:11**	11.2	**5:54**	10.1	**11:32**	-0.4	**11:53**	0.5	6:52	6:38	
13	Tue	**6:17**	10.9	**7:02**	9.8			**12:39**	-0.1	6:51	6:40	
14	Wed	**7:23**	10.7	**8:05**	9.8	**12:59**	0.8	**1:44**	0.0	6:49	6:41	
15	Thu	**8:25**	10.7	**9:03**	9.8	**2:03**	0.9	**2:45**	0.0	6:47	6:42	
16	Fri	**9:21**	10.7	**9:55**	10.0	**3:03**	0.8	**3:39**	0.0	6:45	6:43	
17	Sat	**10:12**	10.7	**10:42**	10.1	**3:56**	0.7	**4:28**	0.0	6:43	6:45	
18	Sun	**10:59**	10.6	**11:25**	10.1	**4:43**	0.6	**5:10**	0.1	6:42	6:46	
19	Mon	**11:41**	10.5			**5:25**	0.5	**5:49**	0.2	6:40	6:47	
20	Tue	**12:04**	10.2	**12:19**	10.4	**6:03**	0.5	**6:24**	0.4	6:38	6:48	
21	Wed	**12:39**	10.1	**12:55**	10.2	**6:39**	0.5	**6:57**	0.6	6:36	6:50	
22	Thu	**1:10**	10.0	**1:26**	9.9	**7:14**	0.5	**7:30**	0.8	6:34	6:51	
23	Fri	**1:37**	10.0	**1:57**	9.7	**7:49**	0.6	**8:03**	1.0	6:32	6:52	
24	Sat	**2:06**	9.9	**2:30**	9.4	**8:26**	0.7	**8:39**	1.3	6:31	6:53	
25	Sun	**2:41**	9.8	**3:09**	9.2	**9:06**	0.8	**9:19**	1.5	6:29	6:55	
26	Mon	**3:22**	9.7	**3:54**	9.0	**9:51**	1.0	**10:04**	1.7	6:27	6:56	
27	Tue	**4:08**	9.6	**4:46**	8.8	**10:41**	1.0	**10:55**	1.8	6:25	6:57	
28	Wed	**5:01**	9.6	**5:44**	8.8	**11:37**	1.0	**11:53**	1.8	6:23	6:58	
29	Thu	**5:59**	9.7	**6:47**	9.0			**12:37**	0.8	6:22	7:00	
30	Fri	**7:02**	10.0	**7:50**	9.4	**12:54**	1.5	**1:36**	0.5	6:20	7:01	
31	Sat	**8:05**	10.5	**8:48**	10.0	**1:55**	1.0	**2:34**	0.0	6:18	7:02	