US HARBORS www.USHarbors.com

Rockland, ME - Jul 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:01	10.8	5:43	-1.5	5:53	-0.2	4:57	8:23	
2	Mon	12:12	12.1	12:53	10.7	6:34	-1.4	6:44	0.0	4:58	8:23	
3	Tue	1:02	11.9	1:42	10.5	7:23	-1.2	7:33	0.3	4:58	8:23	
4	Wed	1:50	11.5	2:30	10.3	8:10	-0.8	8:22	0.6	4:59	8:22	
5	Thu	2:38	11.0	3:18	10.0	8:56	-0.4	9:11	0.9	5:00	8:22	
6	Fri	3:26	10.4	4:06	9.8	9:43	0.1	10:02	1.2	5:00	8:22	
7	Sat	4:15	9.9	4:55	9.6	10:29	0.5	10:53	1.4	5:01	8:21	
8	Sun	5:07	9.5	5:44	9.5	11:17	0.9	11:47	1.5	5:02	8:21	
9	Mon	6:01	9.1	6:35	9.5			12:06	1.2	5:02	8:20	
10	Tue	6:57	8.9	7:24	9.5	12:42	1.5	12:56	1.4	5:03	8:20	
11	Wed	7:52	8.8	8:13	9.7	1:36	1.4	1:46	1.5	5:04	8:19	
12	Thu	8:45	8.8	8:59	9.9	2:28	1.1	2:35	1.5	5:05	8:19	
13	Fri	9:34	9.0	9:42	10.2	3:17	0.9	3:22	1.4	5:06	8:18	
14	Sat	10:19	9.1	10:23	10.4	4:02	0.5	4:06	1.3	5:07	8:18	
15	Sun	11:01	9.3	11:02	10.7	4:46	0.2	4:49	1.1	5:07	8:17	
16	Mon	11:40	9.6	11:40	11.0	5:27	-0.1	5:31	0.9	5:08	8:16	
17	Tue			12:19	9.8	6:08	-0.4	6:13	0.6	5:09	8:15	
18	Wed	12:21	11.2	12:59	10.1	6:50	-0.6	6:58	0.4	5:10	8:15	
19	Thu	1:04	11.3	1:42	10.4	7:33	-0.8	7:45	0.3	5:11	8:14	
20	Fri	1:50	11.3	2:28	10.6	8:18	-0.8	8:35	0.1	5:12	8:13	
21	Sat	2:40	11.2	3:18	10.8	9:06	-0.7	9:29	0.1	5:13	8:12	
22	Sun	3:35	11.0	4:12	10.9	9:58	-0.6	10:28	0.0	5:14	8:11	
23	Mon	4:34	10.7	5:11	11.0	10:53	-0.3	11:30	-0.1	5:15	8:10	
24	Tue	5:40	10.4	6:14	11.1	11:52	-0.1			5:16	8:09	
25	Wed	6:50	10.2	7:19	11.3	12:35	-0.2	12:54	0.1	5:17	8:08	
26	Thu	7:59	10.1	8:22	11.5	1:41	-0.4	1:57	0.1	5:18	8:07	
27	Fri	9:03	10.2	9:21	11.7	2:44	-0.6	2:57	0.1	5:19	8:06	
28	Sat	10:01	10.3	10:17	11.8	3:43	-0.9	3:55	0.1	5:20	8:05	
29	Sun	10:56	10.5	11:09	11.8	4:38	-1.0	4:49	0.1	5:21	8:04	
30	Mon	11:46	10.5	11:58	11.7	5:29	-1.0	5:39	0.1	5:22	8:03	
31	Tue			12:34	10.5	6:17	-0.9	6:27	0.2	5:24	8:01	