US HARBORS www.USHarbors.com

Rockland, ME - Aug 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:44	11.4	1:19	10.3	7:01	-0.7	7:12	0.4	5:25	8:00	
2	Thu	1:28	11.1	2:02	10.2	7:43	-0.4	7:56	0.6	5:26	7:59	
3	Fri	2:10	10.6	2:43	9.9	8:24	0.0	8:39	0.9	5:27	7:58	
4	Sat	2:52	10.2	3:23	9.7	9:05	0.4	9:23	1.1	5:28	7:56	
5	Sun	3:34	9.7	4:04	9.5	9:46	0.8	10:10	1.3	5:29	7:55	
6	Mon	4:19	9.3	4:48	9.4	10:30	1.2	11:00	1.5	5:30	7:54	
7	Tue	5:09	8.9	5:36	9.3	11:17	1.5	11:53	1.5	5:31	7:52	
8	Wed	6:04	8.7	6:28	9.3			12:07	1.7	5:32	7:51	
9	Thu	7:03	8.6	7:21	9.5	12:49	1.5	1:00	1.8	5:34	7:49	
10	Fri	8:01	8.6	8:13	9.7	1:44	1.3	1:53	1.7	5:35	7:48	
11	Sat	8:54	8.8	9:02	10.1	2:37	1.0	2:44	1.5	5:36	7:47	
12	Sun	9:42	9.2	9:48	10.5	3:26	0.6	3:32	1.2	5:37	7:45	
13	Mon	10:26	9.5	10:32	10.9	4:12	0.1	4:19	0.8	5:38	7:44	
14	Tue	11:09	10.0	11:16	11.3	4:57	-0.3	5:05	0.4	5:39	7:42	
15	Wed	11:50	10.4			5:40	-0.7	5:50	0.0	5:40	7:41	
16	Thu	12:00	11.6	12:33	10.8	6:24	-1.0	6:37	-0.4	5:42	7:39	
17	Fri	12:46	11.8	1:18	11.1	7:08	-1.1	7:26	-0.6	5:43	7:37	
18	Sat	1:34	11.7	2:05	11.3	7:55	-1.1	8:18	-0.7	5:44	7:36	
19	Sun	2:26	11.5	2:56	11.4	8:44	-0.9	9:13	-0.7	5:45	7:34	
20	Mon	3:22	11.1	3:51	11.4	9:37	-0.6	10:11	-0.6	5:46	7:33	
21	Tue	4:23	10.7	4:52	11.3	10:34	-0.2	11:15	-0.4	5:47	7:31	
22	Wed	5:31	10.3	5:58	11.2	11:35	0.1			5:48	7:29	
23	Thu	6:41	10.1	7:05	11.2	12:21	-0.3	12:40	0.4	5:50	7:28	
24	Fri	7:49	10.0	8:10	11.2	1:28	-0.3	1:45	0.5	5:51	7:26	
25	Sat	8:51	10.1	9:10	11.3	2:31	-0.4	2:47	0.4	5:52	7:24	
26	Sun	9:48	10.2	10:05	11.4	3:30	-0.5	3:44	0.3	5:53	7:22	
27	Mon	10:40	10.4	10:55	11.4	4:23	-0.6	4:37	0.2	5:54	7:21	
28	Tue	11:27	10.4	11:42	11.2	5:11	-0.6	5:24	0.2	5:55	7:19	
29	Wed			12:11	10.4	5:55	-0.5	6:08	0.3	5:56	7:17	
30	Thu	12:25	11.0	12:52	10.3	6:35	-0.2	6:49	0.4	5:57	7:15	
31	Fri	1:05	10.7	1:29	10.1	7:13	0.1	7:28	0.5	5:59	7:14	