US HARBORS www.USHarbors.com

Rockland, ME - Jan 2092

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:01	10.0	3:14	10.4	9:11	0.9	9:42	0.0	7:11	4:08	
2	Wed	3:56	10.2	4:14	10.2	10:11	0.7	10:38	0.1	7:11	4:09	
3	Thu	4:55	10.5	5:20	10.1	11:15	0.4	11:38	0.1	7:11	4:10	
4	Fri	5:57	10.9	6:30	10.1			12:20	0.0	7:11	4:11	
5	Sat	6:59	11.3	7:38	10.3	12:38	0.1	1:23	-0.5	7:11	4:12	
6	Sun	8:00	11.7	8:41	10.5	1:38	0.0	2:24	-1.0	7:10	4:13	
7	Mon	8:58	12.1	9:40	10.7	2:37	-0.2	3:22	-1.4	7:10	4:14	
8	Tue	9:53	12.4	10:35	10.9	3:33	-0.3	4:17	-1.7	7:10	4:15	
9	Wed	10:46	12.4	11:27	10.9	4:27	-0.4	5:09	-1.7	7:10	4:16	
10	Thu	11:37	12.3			5:19	-0.3	5:59	-1.6	7:09	4:17	
11	Fri	12:18	10.9	12:27	12.0	6:10	-0.2	6:48	-1.3	7:09	4:18	
12	Sat	1:07	10.7	1:17	11.5	7:01	0.1	7:36	-0.9	7:09	4:20	
13	Sun	1:56	10.4	2:06	10.9	7:51	0.5	8:23	-0.3	7:08	4:21	
14	Mon	2:46	10.1	2:57	10.3	8:42	0.8	9:11	0.2	7:08	4:22	
15	Tue	3:35	9.9	3:50	9.7	9:35	1.1	10:00	0.7	7:07	4:23	
16	Wed	4:27	9.7	4:45	9.2	10:30	1.4	10:50	1.1	7:07	4:24	
17	Thu	5:19	9.6	5:43	8.9	11:26	1.4	11:42	1.4	7:06	4:26	
18	Fri	6:11	9.5	6:40	8.8			12:23	1.4	7:05	4:27	
19	Sat	7:02	9.6	7:35	8.8	12:34	1.6	1:17	1.2	7:05	4:28	
20	Sun	7:50	9.8	8:25	8.9	1:25	1.6	2:08	1.0	7:04	4:30	
21	Mon	8:36	10.0	9:12	9.0	2:13	1.6	2:54	0.7	7:03	4:31	
22	Tue	9:18	10.3	9:54	9.2	2:58	1.4	3:37	0.4	7:03	4:32	
23	Wed	9:56	10.5	10:33	9.4	3:40	1.3	4:18	0.1	7:02	4:34	
24	Thu	10:32	10.8	11:10	9.6	4:20	1.1	4:57	-0.1	7:01	4:35	
25	Fri	11:09	11.0	11:45	9.9	5:00	0.8	5:35	-0.4	7:00	4:36	
26	Sat	11:47	11.1			5:41	0.6	6:14	-0.5	6:59	4:38	
27	Sun	12:22	10.1	12:28	11.2	6:23	0.4	6:55	-0.6	6:58	4:39	
28	Mon	1:03	10.3	1:13	11.1	7:09	0.3	7:39	-0.6	6:57	4:40	
29	Tue	1:48	10.5	2:03	10.9	7:58	0.2	8:27	-0.4	6:56	4:42	
30	Wed	2:37	10.7	2:57	10.6	8:53	0.2	9:18	-0.2	6:55	4:43	
31	Thu	3:31	10.8	3:58	10.3	9:52	0.1	10:15	0.1	6:54	4:44	