US HARBORS www.USHarbors.com

Rockland, ME - Jul 2093

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**4:24**	9.5	**5:04**	9.4	**10:53**	0.8	**11:17**	1.5	4:57	8:23	
2	Thu	**5:17**	9.4	**5:54**	9.7	**11:42**	0.8			4:58	8:23	
3	Fri	**6:14**	9.4	**6:47**	10.1	**12:14**	1.2	**12:33**	0.8	4:59	8:22	
4	Sat	**7:14**	9.5	**7:42**	10.6	**1:12**	0.8	**1:27**	0.7	4:59	8:22	
5	Sun	**8:16**	9.7	**8:37**	11.1	**2:10**	0.2	**2:22**	0.5	5:00	8:22	
6	Mon	**9:17**	10.0	**9:32**	11.7	**3:07**	-0.4	**3:18**	0.2	5:01	8:21	
7	Tue	**10:15**	10.4	**10:27**	12.2	**4:03**	-1.0	**4:13**	-0.1	5:01	8:21	
8	Wed	**11:12**	10.7	**11:22**	12.5	**4:58**	-1.5	**5:07**	-0.3	5:02	8:21	
9	Thu			**12:07**	10.9	**5:52**	-1.9	**6:02**	-0.5	5:03	8:20	
10	Fri	**12:17**	12.7	**1:02**	11.1	**6:46**	-2.0	**6:58**	-0.6	5:04	8:20	
11	Sat	**1:13**	12.6	**1:57**	11.2	**7:39**	-2.0	**7:54**	-0.5	5:04	8:19	
12	Sun	**2:09**	12.3	**2:53**	11.1	**8:33**	-1.7	**8:51**	-0.4	5:05	8:18	
13	Mon	**3:07**	11.9	**3:50**	11.0	**9:28**	-1.3	**9:51**	-0.1	5:06	8:18	
14	Tue	**4:07**	11.3	**4:47**	10.9	**10:23**	-0.8	**10:52**	0.1	5:07	8:17	
15	Wed	**5:08**	10.7	**5:45**	10.7	**11:20**	-0.3	**11:54**	0.3	5:08	8:16	
16	Thu	**6:11**	10.1	**6:43**	10.6			**12:17**	0.2	5:09	8:16	
17	Fri	**7:12**	9.7	**7:39**	10.5	**12:56**	0.5	**1:14**	0.7	5:10	8:15	
18	Sat	**8:11**	9.5	**8:32**	10.5	**1:56**	0.5	**2:09**	1.0	5:11	8:14	
19	Sun	**9:06**	9.3	**9:23**	10.5	**2:52**	0.5	**3:01**	1.2	5:12	8:13	
20	Mon	**9:57**	9.3	**10:09**	10.4	**3:43**	0.4	**3:49**	1.3	5:13	8:12	
21	Tue	**10:44**	9.2	**10:52**	10.4	**4:29**	0.3	**4:33**	1.4	5:14	8:12	
22	Wed	**11:28**	9.2	**11:32**	10.4	**5:12**	0.3	**5:14**	1.4	5:15	8:11	
23	Thu			**12:08**	9.2	**5:51**	0.3	**5:52**	1.4	5:16	8:10	
24	Fri	**12:08**	10.4	**12:45**	9.2	**6:28**	0.3	**6:29**	1.4	5:17	8:09	
25	Sat	**12:41**	10.3	**1:18**	9.2	**7:03**	0.3	**7:05**	1.4	5:18	8:08	
26	Sun	**1:13**	10.2	**1:49**	9.3	**7:38**	0.3	**7:43**	1.4	5:19	8:06	
27	Mon	**1:46**	10.2	**2:21**	9.4	**8:13**	0.4	**8:22**	1.3	5:20	8:05	
28	Tue	**2:23**	10.0	**2:57**	9.5	**8:50**	0.5	**9:04**	1.3	5:21	8:04	
29	Wed	**3:05**	9.9	**3:38**	9.6	**9:31**	0.6	**9:51**	1.2	5:22	8:03	
30	Thu	**3:52**	9.7	**4:24**	9.8	**10:15**	0.7	**10:44**	1.1	5:23	8:02	
31	Fri	**4:45**	9.6	**5:15**	10.1	**11:04**	0.8	**11:41**	0.8	5:24	8:01	