US HARBORS www.USHarbors.com

Rockland, ME - Aug 2093

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:43	9.5	6:11	10.4	11:58	0.8			5:25	7:59	
2	Sun	6:46	9.5	7:11	10.7	12:42	0.5	12:57	0.8	5:26	7:58	
3	Mon	7:53	9.6	8:13	11.2	1:44	0.0	1:57	0.6	5:27	7:57	
4	Tue	8:59	10.0	9:14	11.7	2:46	-0.5	2:57	0.3	5:29	7:56	
5	Wed	10:00	10.4	10:14	12.2	3:45	-1.0	3:56	-0.1	5:30	7:54	
6	Thu	10:58	10.8	11:11	12.5	4:42	-1.5	4:53	-0.4	5:31	7:53	
7	Fri	11:52	11.1			5:36	-1.8	5:48	-0.7	5:32	7:52	
8	Sat	12:06	12.6	12:45	11.4	6:28	-1.9	6:43	-0.9	5:33	7:50	
9	Sun	1:00	12.5	1:37	11.4	7:20	-1.8	7:37	-0.8	5:34	7:49	
10	Mon	1:53	12.2	2:29	11.4	8:11	-1.5	8:32	-0.6	5:35	7:47	
11	Tue	2:48	11.6	3:22	11.2	9:02	-1.0	9:27	-0.3	5:36	7:46	
12	Wed	3:44	11.0	4:15	10.9	9:54	-0.4	10:24	0.1	5:38	7:44	
13	Thu	4:42	10.3	5:11	10.5	10:47	0.3	11:23	0.4	5:39	7:43	
14	Fri	5:42	9.7	6:08	10.3	11:43	0.8			5:40	7:41	
15	Sat	6:42	9.3	7:05	10.1	12:24	0.7	12:39	1.2	5:41	7:40	
16	Sun	7:41	9.1	8:00	10.0	1:23	0.8	1:36	1.5	5:42	7:38	
17	Mon	8:37	9.0	8:52	10.0	2:20	0.8	2:30	1.6	5:43	7:37	
18	Tue	9:28	9.0	9:41	10.1	3:12	0.7	3:20	1.6	5:44	7:35	
19	Wed	10:16	9.1	10:25	10.2	4:00	0.6	4:06	1.4	5:46	7:33	
20	Thu	10:59	9.3	11:06	10.3	4:42	0.5	4:48	1.3	5:47	7:32	
21	Fri	11:38	9.4	11:42	10.4	5:22	0.4	5:26	1.2	5:48	7:30	
22	Sat			12:13	9.5	5:58	0.3	6:03	1.0	5:49	7:28	
23	Sun	12:16	10.4	12:44	9.6	6:32	0.3	6:39	0.9	5:50	7:27	
24	Mon	12:47	10.4	1:14	9.7	7:06	0.3	7:16	0.8	5:51	7:25	
25	Tue	1:20	10.3	1:45	9.9	7:41	0.3	7:55	0.7	5:52	7:23	
26	Wed	1:58	10.2	2:22	10.0	8:17	0.4	8:37	0.6	5:54	7:22	
27	Thu	2:40	10.1	3:04	10.2	8:58	0.5	9:24	0.6	5:55	7:20	
28	Fri	3:27	9.9	3:51	10.3	9:43	0.7	10:17	0.5	5:56	7:18	
29	Sat	4:21	9.7	4:45	10.4	10:35	0.9	11:16	0.4	5:57	7:16	
30	Sun	5:21	9.5	5:45	10.5	11:32	1.0			5:58	7:15	
31	Mon	6:29	9.5	6:50	10.8	12:19	0.2	12:35	0.9	5:59	7:13	