US HARBORS www.USHarbors.com

Rockland, ME - Nov 2093

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:10	11.4	9:35	11.1	2:50	-0.6	3:19	-0.7	6:14	4:25	
2	Mon	9:58	11.6	10:25	11.0	3:39	-0.6	4:09	-0.9	6:15	4:24	
3	Tue	10:43	11.6	11:12	10.8	4:25	-0.4	4:56	-0.9	6:16	4:22	
4	Wed	11:25	11.4	11:58	10.4	5:09	0.0	5:40	-0.8	6:18	4:21	
5	Thu			12:06	11.1	5:51	0.4	6:23	-0.5	6:19	4:20	
6	Fri	12:42	10.0	12:45	10.7	6:32	0.8	7:06	-0.1	6:20	4:19	
7	Sat	1:26	9.6	1:25	10.3	7:14	1.3	7:49	0.3	6:22	4:17	
8	Sun	2:10	9.2	2:06	9.9	7:58	1.7	8:35	0.6	6:23	4:16	
9	Mon	2:57	8.9	2:52	9.5	8:45	2.0	9:24	0.9	6:24	4:15	
10	Tue	3:48	8.7	3:44	9.2	9:36	2.2	10:15	1.2	6:26	4:14	
11	Wed	4:43	8.6	4:42	9.1	10:32	2.3	11:09	1.2	6:27	4:13	
12	Thu	5:38	8.7	5:41	9.1	11:30	2.2			6:28	4:12	
13	Fri	6:29	9.0	6:37	9.2	12:02	1.2	12:25	1.9	6:30	4:11	
14	Sat	7:16	9.3	7:29	9.4	12:51	1.1	1:17	1.4	6:31	4:10	
15	Sun	7:58	9.8	8:16	9.7	1:38	0.9	2:05	0.9	6:32	4:09	
16	Mon	8:38	10.3	9:01	9.9	2:21	0.7	2:50	0.4	6:34	4:08	
17	Tue	9:16	10.8	9:44	10.2	3:04	0.4	3:34	-0.2	6:35	4:07	
18	Wed	9:55	11.2	10:28	10.4	3:46	0.2	4:18	-0.7	6:36	4:06	
19	Thu	10:37	11.6	11:13	10.5	4:28	0.1	5:03	-1.1	6:37	4:05	
20	Fri	11:21	11.9			5:13	0.0	5:50	-1.3	6:39	4:05	
21	Sat	12:01	10.6	12:08	12.0	6:00	0.1	6:40	-1.4	6:40	4:04	
22	Sun	12:52	10.5	1:00	11.9	6:51	0.2	7:33	-1.3	6:41	4:03	
23	Mon	1:47	10.4	1:56	11.6	7:46	0.3	8:30	-1.1	6:42	4:03	
24	Tue	2:48	10.3	2:58	11.3	8:47	0.5	9:30	-0.8	6:44	4:02	
25	Wed	3:53	10.2	4:06	11.0	9:52	0.6	10:33	-0.6	6:45	4:01	
26	Thu	5:00	10.3	5:17	10.7	11:00	0.6	11:37	-0.4	6:46	4:01	
27	Fri	6:04	10.6	6:26	10.6			12:08	0.4	6:47	4:00	
28	Sat	7:03	10.9	7:28	10.5	12:38	-0.3	1:12	0.1	6:48	4:00	
29	Sun	7:59	11.1	8:26	10.5	1:35	-0.2	2:11	-0.2	6:49	3:59	
30	Mon	8:50	11.3	9:19	10.4	2:29	-0.1	3:05	-0.5	6:51	3:59	