US HARBORS www.USHarbors.com

Rockland, ME - Jan 2094

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:42	10.8	11:18	9.4	4:24	1.1	5:02	-0.1	7:11	4:09	
2	Sat	11:20	10.6	11:58	9.3	5:04	1.3	5:41	0.1	7:11	4:10	
3	Sun	11:55	10.4			5:41	1.4	6:18	0.2	7:11	4:10	
4	Mon	12:35	9.1	12:28	10.2	6:18	1.5	6:54	0.4	7:11	4:11	
5	Tue	1:10	9.0	1:01	10.0	6:56	1.6	7:31	0.5	7:10	4:12	
6	Wed	1:43	9.0	1:38	9.8	7:35	1.7	8:09	0.7	7:10	4:13	
7	Thu	2:19	9.0	2:19	9.6	8:18	1.8	8:49	0.9	7:10	4:15	
8	Fri	2:59	9.0	3:04	9.4	9:05	1.8	9:33	1.1	7:10	4:16	
9	Sat	3:43	9.1	3:55	9.2	9:56	1.8	10:20	1.2	7:10	4:17	
10	Sun	4:32	9.3	4:51	9.0	10:51	1.6	11:10	1.2	7:09	4:18	
11	Mon	5:24	9.6	5:51	9.0	11:49	1.2			7:09	4:19	
12	Tue	6:18	10.1	6:53	9.2	12:04	1.2	12:48	0.7	7:08	4:20	
13	Wed	7:13	10.6	7:55	9.5	12:59	1.0	1:45	0.1	7:08	4:21	
14	Thu	8:08	11.1	8:53	9.9	1:54	0.8	2:41	-0.5	7:07	4:23	
15	Fri	9:03	11.7	9:48	10.3	2:49	0.4	3:35	-1.1	7:07	4:24	
16	Sat	9:57	12.2	10:42	10.7	3:43	0.1	4:28	-1.6	7:06	4:25	
17	Sun	10:50	12.6	11:35	11.0	4:36	-0.3	5:20	-1.9	7:06	4:26	
18	Mon	11:44	12.7			5:30	-0.5	6:12	-2.0	7:05	4:28	
19	Tue	12:27	11.2	12:38	12.5	6:24	-0.6	7:04	-1.9	7:04	4:29	
20	Wed	1:21	11.3	1:34	12.2	7:20	-0.6	7:57	-1.6	7:04	4:30	
21	Thu	2:16	11.2	2:32	11.6	8:18	-0.4	8:51	-1.1	7:03	4:32	
22	Fri	3:12	11.1	3:33	11.0	9:18	-0.2	9:46	-0.5	7:02	4:33	
23	Sat	4:11	10.9	4:37	10.3	10:21	0.1	10:44	0.1	7:01	4:34	
24	Sun	5:11	10.8	5:42	9.8	11:25	0.3	11:44	0.6	7:00	4:36	
25	Mon	6:10	10.7	6:45	9.5			12:28	0.4	7:00	4:37	
26	Tue	7:07	10.6	7:44	9.3	12:43	0.9	1:29	0.4	6:59	4:38	
27	Wed	8:02	10.5	8:38	9.3	1:39	1.2	2:24	0.3	6:58	4:40	
28	Thu	8:52	10.5	9:28	9.3	2:32	1.3	3:14	0.3	6:57	4:41	
29	Fri	9:38	10.5	10:14	9.3	3:20	1.3	3:59	0.2	6:56	4:42	
30	Sat	10:21	10.5	10:55	9.3	4:03	1.3	4:40	0.2	6:55	4:44	
31	Sun	10:59	10.5	11:33	9.3	4:42	1.3	5:18	0.2	6:53	4:45	