US HARBORS www.USHarbors.com

Rockland, ME - Mar 2094

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**10:35**	10.3	**11:04**	9.5	**4:18**	1.2	**4:49**	0.4	6:11	5:25	
2	Tue	**11:10**	10.3	**11:36**	9.6	**4:54**	1.0	**5:22**	0.4	6:10	5:26	
3	Wed	**11:41**	10.3			**5:30**	0.9	**5:55**	0.4	6:08	5:27	
4	Thu	**12:04**	9.7	**12:11**	10.2	**6:05**	0.8	**6:27**	0.5	6:06	5:29	
5	Fri	**12:32**	9.8	**12:44**	10.1	**6:41**	0.7	**7:01**	0.6	6:04	5:30	
6	Sat	**1:04**	9.9	**1:22**	9.9	**7:19**	0.7	**7:37**	0.8	6:03	5:31	
7	Sun	**1:41**	10.0	**2:05**	9.7	**8:02**	0.7	**8:18**	1.0	6:01	5:32	
8	Mon	**2:24**	10.1	**2:54**	9.4	**8:50**	0.6	**9:05**	1.2	5:59	5:34	
9	Tue	**3:14**	10.1	**3:49**	9.2	**9:44**	0.6	**9:59**	1.3	5:57	5:35	
10	Wed	**4:09**	10.2	**4:53**	9.1	**10:45**	0.5	**11:00**	1.4	5:56	5:36	
11	Thu	**5:12**	10.4	**6:04**	9.2	**11:51**	0.3			5:54	5:38	
12	Fri	**6:21**	10.7	**7:14**	9.6	**12:06**	1.2	**12:57**	-0.1	5:52	5:39	
13	Sat	**7:29**	11.1	**8:18**	10.1	**1:12**	0.8	**1:59**	-0.6	5:50	5:40	
14	Sun	**9:33**	11.6	**10:15**	10.7	**3:15**	0.2	**3:57**	-1.1	6:48	6:41	
15	Mon	**10:31**	12.1	**11:08**	11.3	**4:14**	-0.4	**4:51**	-1.4	6:47	6:43	
16	Tue	**11:26**	12.3	**11:58**	11.7	**5:09**	-0.9	**5:42**	-1.6	6:45	6:44	
17	Wed			**12:19**	12.3	**6:02**	-1.2	**6:31**	-1.6	6:43	6:45	
18	Thu	**12:47**	11.9	**1:10**	12.1	**6:54**	-1.4	**7:19**	-1.3	6:41	6:46	
19	Fri	**1:35**	11.9	**2:01**	11.6	**7:45**	-1.3	**8:07**	-0.8	6:39	6:48	
20	Sat	**2:23**	11.7	**2:53**	11.0	**8:36**	-1.0	**8:55**	-0.2	6:37	6:49	
21	Sun	**3:12**	11.2	**3:47**	10.3	**9:29**	-0.5	**9:46**	0.5	6:36	6:50	
22	Mon	**4:04**	10.7	**4:44**	9.6	**10:24**	0.0	**10:39**	1.1	6:34	6:51	
23	Tue	**5:00**	10.2	**5:44**	9.1	**11:21**	0.5	**11:37**	1.6	6:32	6:52	
24	Wed	**6:00**	9.8	**6:46**	8.8			**12:22**	0.9	6:30	6:54	
25	Thu	**7:00**	9.6	**7:45**	8.8	**12:37**	1.9	**1:22**	1.0	6:28	6:55	
26	Fri	**7:59**	9.6	**8:39**	8.9	**1:37**	2.0	**2:19**	1.0	6:26	6:56	
27	Sat	**8:52**	9.7	**9:28**	9.1	**2:33**	1.8	**3:10**	0.9	6:25	6:57	
28	Sun	**9:41**	9.8	**10:12**	9.3	**3:23**	1.6	**3:55**	0.8	6:23	6:59	
29	Mon	**10:25**	10.0	**10:52**	9.6	**4:08**	1.3	**4:36**	0.6	6:21	7:00	
30	Tue	**11:05**	10.1	**11:28**	9.8	**4:48**	1.0	**5:13**	0.5	6:19	7:01	
31	Wed	**11:41**	10.2			**5:26**	0.7	**5:47**	0.5	6:17	7:02	