US HARBORS www.USHarbors.com

Rockland, ME - Mar 2095

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:47	9.8	6:38	8.7			12:27	0.9	6:12	5:24	
2	Wed	6:50	10.2	7:42	9.1	12:37	1.7	1:27	0.4	6:10	5:26	
3	Thu	7:51	10.7	8:39	9.7	1:37	1.2	2:24	-0.2	6:08	5:27	
4	Fri	8:49	11.3	9:31	10.3	2:34	0.6	3:17	-0.8	6:07	5:28	
5	Sat	9:43	11.9	10:21	11.0	3:29	0.0	4:08	-1.3	6:05	5:30	
6	Sun	10:36	12.3	11:10	11.5	4:22	-0.6	4:57	-1.6	6:03	5:31	
7	Mon	11:28	12.4	11:58	11.9	5:14	-1.1	5:45	-1.7	6:01	5:32	
8	Tue			12:20	12.3	6:06	-1.4	6:34	-1.6	6:00	5:33	
9	Wed	12:47	12.0	1:13	11.9	6:59	-1.4	7:23	-1.2	5:58	5:35	
10	Thu	1:38	11.9	2:09	11.3	7:54	-1.2	8:15	-0.6	5:56	5:36	
11	Fri	2:32	11.7	3:09	10.6	8:52	-0.9	9:10	0.1	5:54	5:37	
12	Sat	3:30	11.3	4:13	10.0	9:53	-0.4	10:10	0.7	5:52	5:38	
13	Sun	5:33	10.8	6:20	9.5	11:58	0.0			6:51	6:40	
14	Mon	6:39	10.5	7:25	9.3	12:14	1.2	1:04	0.3	6:49	6:41	
15	Tue	7:43	10.3	8:26	9.2	1:20	1.4	2:08	0.4	6:47	6:42	
16	Wed	8:42	10.3	9:22	9.3	2:23	1.5	3:06	0.4	6:45	6:44	
17	Thu	9:36	10.3	10:11	9.5	3:19	1.4	3:57	0.4	6:43	6:45	
18	Fri	10:25	10.3	10:56	9.6	4:09	1.2	4:42	0.4	6:42	6:46	
19	Sat	11:08	10.3	11:35	9.7	4:53	1.0	5:21	0.4	6:40	6:47	
20	Sun	11:48	10.3			5:32	0.9	5:57	0.4	6:38	6:48	
21	Mon	12:11	9.8	12:23	10.2	6:08	0.8	6:30	0.6	6:36	6:50	
22	Tue	12:43	9.8	12:56	10.0	6:43	0.7	7:01	0.7	6:34	6:51	
23	Wed	1:10	9.8	1:26	9.8	7:17	0.7	7:32	0.9	6:32	6:52	
24	Thu	1:37	9.8	1:58	9.6	7:52	0.7	8:05	1.2	6:31	6:53	
25	Fri	2:08	9.8	2:34	9.3	8:30	0.8	8:41	1.4	6:29	6:55	
26	Sat	2:44	9.8	3:16	9.1	9:11	0.8	9:22	1.7	6:27	6:56	
27	Sun	3:27	9.8	4:04	8.9	9:58	0.9	10:09	1.8	6:25	6:57	
28	Mon	4:16	9.7	4:59	8.7	10:52	0.9	11:04	1.9	6:23	6:58	
29	Tue	5:12	9.8	6:02	8.7	11:52	0.9			6:21	7:00	
30	Wed	6:15	9.9	7:09	9.0	12:05	1.9	12:55	0.6	6:20	7:01	
31	Thu	7:22	10.3	8:15	9.5	1:10	1.6	1:58	0.2	6:18	7:02	