US HARBORS www.USHarbors.com

Rockland, ME - Jul 2095

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:32	10.2	11:40	11.8	5:14	-1.1	5:21	0.4	4:57	8:23	
2	Sat			12:22	10.1	6:05	-1.0	6:10	0.6	4:58	8:23	
3	Sun	12:28	11.6	1:11	9.9	6:53	-0.9	6:58	0.8	4:58	8:23	
4	Mon	1:15	11.2	1:58	9.7	7:39	-0.6	7:44	1.0	4:59	8:22	
5	Tue	2:00	10.8	2:43	9.5	8:23	-0.2	8:30	1.3	5:00	8:22	
6	Wed	2:44	10.4	3:28	9.3	9:07	0.2	9:17	1.5	5:00	8:22	
7	Thu	3:29	10.0	4:13	9.2	9:51	0.5	10:05	1.7	5:01	8:21	
8	Fri	4:15	9.5	4:58	9.1	10:35	0.9	10:56	1.8	5:02	8:21	
9	Sat	5:05	9.2	5:45	9.1	11:21	1.2	11:49	1.8	5:02	8:20	
10	Sun	5:58	8.9	6:33	9.2			12:08	1.5	5:03	8:20	
11	Mon	6:54	8.7	7:20	9.4	12:43	1.7	12:57	1.6	5:04	8:19	
12	Tue	7:50	8.6	8:08	9.6	1:37	1.5	1:46	1.7	5:05	8:19	
13	Wed	8:44	8.7	8:53	9.9	2:29	1.2	2:34	1.7	5:06	8:18	
14	Thu	9:33	8.8	9:37	10.2	3:19	0.8	3:21	1.6	5:07	8:17	
15	Fri	10:20	9.0	10:21	10.6	4:06	0.4	4:07	1.4	5:07	8:17	
16	Sat	11:04	9.3	11:04	10.9	4:51	0.0	4:52	1.2	5:08	8:16	
17	Sun	11:48	9.6	11:48	11.3	5:35	-0.3	5:38	0.9	5:09	8:15	
18	Mon			12:31	9.9	6:20	-0.7	6:24	0.6	5:10	8:15	
19	Tue	12:34	11.5	1:16	10.1	7:05	-0.9	7:13	0.4	5:11	8:14	
20	Wed	1:22	11.6	2:04	10.4	7:52	-1.0	8:04	0.2	5:12	8:13	
21	Thu	2:12	11.6	2:54	10.6	8:40	-1.0	8:58	0.1	5:13	8:12	
22	Fri	3:06	11.3	3:47	10.8	9:31	-0.8	9:56	0.0	5:14	8:11	
23	Sat	4:05	10.9	4:44	10.9	10:25	-0.5	10:57	0.0	5:15	8:10	
24	Sun	5:08	10.5	5:44	11.0	11:22	-0.2			5:16	8:09	
25	Mon	6:16	10.2	6:46	11.1	12:02	0.0	12:21	0.1	5:17	8:08	
26	Tue	7:24	9.9	7:48	11.2	1:07	-0.1	1:22	0.4	5:18	8:07	
27	Wed	8:29	9.8	8:48	11.3	2:12	-0.3	2:23	0.6	5:19	8:06	
28	Thu	9:30	9.8	9:44	11.4	3:13	-0.5	3:22	0.6	5:20	8:05	
29	Fri	10:26	9.9	10:37	11.4	4:09	-0.6	4:17	0.7	5:21	8:04	
30	Sat	11:18	9.9	11:27	11.3	5:01	-0.6	5:08	0.7	5:22	8:03	
31	Sun			12:05	9.9	5:49	-0.6	5:55	0.8	5:24	8:01	