US HARBORS www.USHarbors.com

Rockland, ME - Jan 2096

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:33	9.8	2:41	10.6	8:36	0.9	9:11	-0.2	7:11	4:08	
2	Mon	3:26	10.1	3:40	10.4	9:35	0.8	10:05	-0.1	7:11	4:09	
3	Tue	4:23	10.3	4:44	10.1	10:38	0.6	11:03	0.1	7:11	4:10	
4	Wed	5:23	10.7	5:53	10.0	11:43	0.3			7:11	4:11	
5	Thu	6:25	11.0	7:02	9.9	12:02	0.2	12:48	-0.1	7:11	4:12	
6	Fri	7:25	11.4	8:08	10.0	1:02	0.3	1:51	-0.5	7:10	4:13	
7	Sat	8:24	11.7	9:08	10.1	2:02	0.3	2:51	-0.9	7:10	4:14	
8	Sun	9:20	11.9	10:04	10.2	2:59	0.3	3:47	-1.1	7:10	4:15	
9	Mon	10:13	12.0	10:57	10.3	3:54	0.3	4:40	-1.2	7:10	4:16	
10	Tue	11:04	11.9	11:47	10.2	4:46	0.3	5:30	-1.2	7:09	4:17	
11	Wed	11:53	11.7			5:36	0.4	6:18	-0.9	7:09	4:18	
12	Thu	12:35	10.1	12:41	11.3	6:25	0.6	7:04	-0.6	7:09	4:20	
13	Fri	1:22	9.9	1:27	10.8	7:12	0.9	7:48	-0.2	7:08	4:21	
14	Sat	2:08	9.7	2:13	10.3	8:00	1.1	8:32	0.3	7:08	4:22	
15	Sun	2:53	9.5	3:00	9.8	8:48	1.4	9:17	0.7	7:07	4:23	
16	Mon	3:39	9.4	3:50	9.3	9:39	1.6	10:02	1.2	7:07	4:24	
17	Tue	4:26	9.3	4:44	8.8	10:32	1.7	10:50	1.5	7:06	4:26	
18	Wed	5:15	9.2	5:41	8.6	11:27	1.7	11:40	1.8	7:05	4:27	
19	Thu	6:06	9.3	6:40	8.4			12:23	1.6	7:05	4:28	
20	Fri	6:56	9.4	7:35	8.5	12:32	1.9	1:18	1.3	7:04	4:30	
21	Sat	7:45	9.7	8:27	8.6	1:22	2.0	2:09	1.0	7:03	4:31	
22	Sun	8:30	10.0	9:14	8.8	2:11	1.9	2:57	0.7	7:03	4:32	
23	Mon	9:14	10.3	9:57	9.0	2:57	1.7	3:41	0.3	7:02	4:34	
24	Tue	9:55	10.6	10:37	9.3	3:41	1.4	4:23	0.0	7:01	4:35	
25	Wed	10:35	11.0	11:16	9.6	4:24	1.1	5:05	-0.4	7:00	4:36	
26	Thu	11:16	11.2	11:56	9.9	5:06	0.8	5:46	-0.6	6:59	4:38	
27	Fri	11:59	11.4			5:51	0.5	6:28	-0.8	6:58	4:39	
28	Sat	12:37	10.2	12:45	11.4	6:37	0.3	7:12	-0.8	6:57	4:40	
29	Sun	1:22	10.5	1:33	11.2	7:26	0.1	7:58	-0.7	6:56	4:42	
30	Mon	2:09	10.7	2:26	10.9	8:20	0.1	8:47	-0.4	6:55	4:43	
31	Tue	3:01	10.8	3:25	10.5	9:17	0.1	9:41	-0.1	6:54	4:44	