US HARBORS www.USHarbors.com

Rockland, ME - Mar 2096

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:36	11.2	4:20	9.9	10:04	-0.3	10:20	0.6	6:10	5:25	
2	Fri	4:41	11.0	5:32	9.5	11:11	-0.1	11:26	1.0	6:09	5:27	
3	Sat	5:51	10.8	6:42	9.4			12:20	0.0	6:07	5:28	
4	Sun	7:00	10.8	7:47	9.5	12:35	1.1	1:27	-0.1	6:05	5:29	
5	Mon	8:03	10.9	8:45	9.7	1:41	1.1	2:28	-0.2	6:03	5:31	
6	Tue	8:59	11.0	9:37	9.9	2:40	0.9	3:21	-0.3	6:02	5:32	
7	Wed	9:51	11.0	10:24	10.1	3:33	0.7	4:09	-0.3	6:00	5:33	
8	Thu	10:37	11.0	11:07	10.2	4:21	0.5	4:52	-0.2	5:58	5:34	
9	Fri	11:20	10.8	11:46	10.1	5:04	0.5	5:31	0.0	5:56	5:36	
10	Sat	11:59	10.5			5:44	0.5	6:07	0.2	5:55	5:37	
11	Sun	12:21	10.1	1:35	10.2	7:21	0.6	7:41	0.6	6:53	6:38	
12	Mon	1:53	9.9	2:10	9.8	7:58	0.7	8:14	0.9	6:51	6:39	
13	Tue	2:23	9.8	2:44	9.4	8:36	0.8	8:50	1.3	6:49	6:41	
14	Wed	2:55	9.6	3:23	9.0	9:16	1.0	9:28	1.7	6:47	6:42	
15	Thu	3:33	9.5	4:07	8.6	10:01	1.2	10:11	2.0	6:46	6:43	
16	Fri	4:17	9.3	4:58	8.3	10:51	1.4	11:01	2.3	6:44	6:44	
17	Sat	5:08	9.2	5:58	8.2	11:47	1.5	11:57	2.4	6:42	6:46	
18	Sun	6:06	9.2	7:03	8.2			12:47	1.4	6:40	6:47	
19	Mon	7:09	9.4	8:05	8.5	12:57	2.3	1:46	1.1	6:38	6:48	
20	Tue	8:10	9.8	8:59	9.0	1:56	2.0	2:42	0.7	6:37	6:49	
21	Wed	9:05	10.3	9:47	9.6	2:52	1.4	3:32	0.2	6:35	6:51	
22	Thu	9:57	10.9	10:33	10.3	3:44	0.8	4:20	-0.3	6:33	6:52	
23	Fri	10:46	11.4	11:17	10.9	4:34	0.1	5:05	-0.8	6:31	6:53	
24	Sat	11:35	11.7			5:23	-0.6	5:50	-1.0	6:29	6:54	
25	Sun	12:01	11.5	12:23	11.8	6:12	-1.1	6:36	-1.1	6:27	6:56	
26	Mon	12:46	11.9	1:13	11.7	7:01	-1.4	7:22	-1.0	6:26	6:57	
27	Tue	1:33	12.1	2:06	11.4	7:53	-1.5	8:12	-0.6	6:24	6:58	
28	Wed	2:23	12.0	3:02	10.9	8:48	-1.4	9:04	-0.1	6:22	6:59	
29	Thu	3:17	11.7	4:03	10.3	9:46	-1.0	10:02	0.4	6:20	7:00	
30	Fri	4:18	11.3	5:10	9.8	10:49	-0.6	11:05	0.9	6:18	7:02	
31	Sat	5:26	10.9	6:20	9.5	11:56	-0.2			6:16	7:03	