US HARBORS www.USHarbors.com

Rockland, ME - Jul 2096

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:58**	8.8	**9:12**	9.9	**2:43**	1.1	**2:49**	1.6	4:58	8:23	
2	Mon	**9:47**	8.8	**9:55**	10.0	**3:31**	0.9	**3:34**	1.7	4:58	8:23	
3	Tue	**10:33**	8.8	**10:35**	10.1	**4:16**	0.7	**4:17**	1.7	4:59	8:22	
4	Wed	**11:15**	8.9	**11:13**	10.2	**4:58**	0.5	**4:58**	1.7	4:59	8:22	
5	Thu	**11:55**	9.0	**11:48**	10.4	**5:39**	0.4	**5:37**	1.6	5:00	8:22	
6	Fri			**12:32**	9.0	**6:17**	0.2	**6:16**	1.6	5:01	8:21	
7	Sat	**12:24**	10.5	**1:08**	9.1	**6:56**	0.1	**6:56**	1.5	5:02	8:21	
8	Sun	**1:02**	10.6	**1:45**	9.3	**7:35**	0.0	**7:37**	1.3	5:02	8:21	
9	Mon	**1:43**	10.6	**2:25**	9.5	**8:16**	-0.1	**8:22**	1.2	5:03	8:20	
10	Tue	**2:27**	10.6	**3:08**	9.7	**8:58**	-0.1	**9:12**	1.1	5:04	8:19	
11	Wed	**3:16**	10.5	**3:56**	10.0	**9:45**	0.0	**10:06**	0.9	5:05	8:19	
12	Thu	**4:09**	10.3	**4:48**	10.3	**10:34**	0.1	**11:04**	0.7	5:06	8:18	
13	Fri	**5:08**	10.1	**5:44**	10.6	**11:28**	0.2			5:06	8:18	
14	Sat	**6:12**	9.9	**6:44**	10.9	**12:06**	0.4	**12:25**	0.3	5:07	8:17	
15	Sun	**7:20**	9.8	**7:45**	11.2	**1:10**	0.0	**1:24**	0.4	5:08	8:16	
16	Mon	**8:28**	9.9	**8:46**	11.6	**2:14**	-0.4	**2:25**	0.4	5:09	8:16	
17	Tue	**9:32**	10.0	**9:45**	11.9	**3:15**	-0.8	**3:24**	0.3	5:10	8:15	
18	Wed	**10:32**	10.2	**10:42**	12.1	**4:14**	-1.1	**4:22**	0.2	5:11	8:14	
19	Thu	**11:28**	10.3	**11:37**	12.1	**5:10**	-1.3	**5:17**	0.2	5:12	8:13	
20	Fri			**12:20**	10.4	**6:03**	-1.4	**6:10**	0.2	5:13	8:12	
21	Sat	**12:29**	12.0	**1:11**	10.4	**6:54**	-1.2	**7:02**	0.3	5:14	8:11	
22	Sun	**1:19**	11.7	**2:00**	10.3	**7:42**	-1.0	**7:52**	0.4	5:15	8:10	
23	Mon	**2:08**	11.3	**2:48**	10.1	**8:29**	-0.6	**8:42**	0.7	5:16	8:09	
24	Tue	**2:57**	10.7	**3:35**	9.9	**9:15**	-0.1	**9:32**	1.0	5:17	8:08	
25	Wed	**3:46**	10.1	**4:22**	9.7	**10:00**	0.4	**10:23**	1.2	5:18	8:07	
26	Thu	**4:37**	9.6	**5:10**	9.5	**10:46**	0.9	**11:16**	1.4	5:19	8:06	
27	Fri	**5:30**	9.1	**5:59**	9.4	**11:34**	1.4			5:20	8:05	
28	Sat	**6:27**	8.7	**6:50**	9.4	**12:11**	1.5	**12:24**	1.7	5:21	8:04	
29	Sun	**7:24**	8.5	**7:41**	9.4	**1:07**	1.5	**1:16**	1.9	5:22	8:03	
30	Mon	**8:20**	8.5	**8:31**	9.6	**2:02**	1.4	**2:08**	2.0	5:23	8:02	
31	Tue	**9:12**	8.5	**9:19**	9.8	**2:54**	1.1	**2:57**	2.0	5:24	8:00	