US HARBORS www.USHarbors.com

Rockland, ME - Aug 2096

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:01	8.7	10:03	10.1	3:43	0.9	3:44	1.8	5:26	7:59	
2	Thu	10:45	8.9	10:44	10.3	4:28	0.6	4:28	1.6	5:27	7:58	
3	Fri	11:25	9.1	11:23	10.6	5:10	0.3	5:10	1.4	5:28	7:57	
4	Sat			12:03	9.4	5:50	0.0	5:51	1.1	5:29	7:55	
5	Sun	12:02	10.8	12:39	9.7	6:29	-0.2	6:33	0.8	5:30	7:54	
6	Mon	12:41	11.0	1:17	10.0	7:08	-0.4	7:16	0.6	5:31	7:53	
7	Tue	1:23	11.1	1:57	10.3	7:49	-0.4	8:02	0.3	5:32	7:51	
8	Wed	2:09	11.0	2:41	10.5	8:32	-0.4	8:52	0.2	5:33	7:50	
9	Thu	2:58	10.8	3:29	10.7	9:18	-0.2	9:46	0.1	5:34	7:48	
10	Fri	3:52	10.4	4:22	10.8	10:09	0.0	10:45	0.1	5:36	7:47	
11	Sat	4:53	10.0	5:20	10.9	11:04	0.4	11:49	0.0	5:37	7:45	
12	Sun	6:00	9.7	6:24	11.0			12:04	0.6	5:38	7:44	
13	Mon	7:12	9.6	7:31	11.1	12:55	-0.1	1:08	0.8	5:39	7:42	
14	Tue	8:21	9.6	8:37	11.3	2:02	-0.3	2:13	0.8	5:40	7:41	
15	Wed	9:24	9.8	9:38	11.5	3:05	-0.5	3:15	0.6	5:41	7:39	
16	Thu	10:22	10.0	10:34	11.7	4:04	-0.8	4:14	0.4	5:42	7:38	
17	Fri	11:15	10.2	11:26	11.7	4:58	-0.9	5:07	0.3	5:44	7:36	
18	Sat			12:04	10.4	5:48	-0.9	5:57	0.2	5:45	7:35	
19	Sun	12:15	11.6	12:49	10.4	6:34	-0.8	6:44	0.2	5:46	7:33	
20	Mon	1:01	11.3	1:33	10.3	7:17	-0.5	7:29	0.4	5:47	7:31	
21	Tue	1:45	10.8	2:14	10.1	7:58	-0.1	8:13	0.6	5:48	7:30	
22	Wed	2:27	10.3	2:53	9.9	8:37	0.4	8:57	0.8	5:49	7:28	
23	Thu	3:10	9.8	3:33	9.7	9:18	0.9	9:43	1.1	5:50	7:26	
24	Fri	3:55	9.2	4:14	9.4	9:59	1.4	10:31	1.3	5:52	7:25	
25	Sat	4:43	8.8	5:00	9.3	10:45	1.8	11:23	1.5	5:53	7:23	
26	Sun	5:39	8.4	5:52	9.1	11:35	2.1			5:54	7:21	
27	Mon	6:39	8.2	6:49	9.2	12:20	1.6	12:30	2.3	5:55	7:19	
28	Tue	7:40	8.2	7:47	9.3	1:18	1.5	1:26	2.3	5:56	7:18	
29	Wed	8:36	8.4	8:40	9.6	2:15	1.3	2:21	2.1	5:57	7:16	
30	Thu	9:25	8.7	9:29	10.0	3:06	1.0	3:11	1.8	5:58	7:14	
31	Fri	10:10	9.1	10:13	10.4	3:53	0.6	3:58	1.4	6:00	7:12	