US HARBORS www.USHarbors.com

Rockland, ME - Jul 2097

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**3:42**	9.7	**4:23**	9.3	**10:12**	0.7	**10:32**	1.6	4:57	8:23	
2	Tue	**4:33**	9.6	**5:11**	9.6	**10:59**	0.7	**11:27**	1.3	4:58	8:23	
3	Wed	**5:28**	9.5	**6:03**	10.0	**11:49**	0.8			4:59	8:22	
4	Thu	**6:28**	9.4	**6:57**	10.4	**12:25**	0.9	**12:42**	0.8	4:59	8:22	
5	Fri	**7:31**	9.5	**7:54**	10.9	**1:25**	0.5	**1:38**	0.7	5:00	8:22	
6	Sat	**8:35**	9.6	**8:51**	11.4	**2:25**	-0.1	**2:35**	0.6	5:01	8:21	
7	Sun	**9:37**	9.9	**9:49**	11.9	**3:25**	-0.7	**3:32**	0.4	5:01	8:21	
8	Mon	**10:37**	10.2	**10:46**	12.3	**4:22**	-1.2	**4:29**	0.2	5:02	8:21	
9	Tue	**11:34**	10.4	**11:42**	12.5	**5:19**	-1.6	**5:25**	0.0	5:03	8:20	
10	Wed			**12:30**	10.6	**6:13**	-1.8	**6:21**	-0.1	5:04	8:20	
11	Thu	**12:38**	12.5	**1:25**	10.7	**7:07**	-1.8	**7:17**	-0.2	5:04	8:19	
12	Fri	**1:34**	12.3	**2:19**	10.7	**8:00**	-1.6	**8:13**	-0.1	5:05	8:18	
13	Sat	**2:30**	11.9	**3:13**	10.7	**8:53**	-1.2	**9:11**	0.1	5:06	8:18	
14	Sun	**3:26**	11.3	**4:07**	10.6	**9:46**	-0.7	**10:09**	0.4	5:07	8:17	
15	Mon	**4:24**	10.7	**5:02**	10.4	**10:39**	-0.2	**11:09**	0.6	5:08	8:16	
16	Tue	**5:24**	10.0	**5:57**	10.3	**11:32**	0.4			5:09	8:16	
17	Wed	**6:24**	9.5	**6:52**	10.2	**12:09**	0.8	**12:26**	0.9	5:10	8:15	
18	Thu	**7:23**	9.1	**7:45**	10.1	**1:09**	0.9	**1:21**	1.3	5:11	8:14	
19	Fri	**8:21**	8.9	**8:37**	10.0	**2:06**	0.9	**2:14**	1.6	5:12	8:13	
20	Sat	**9:14**	8.8	**9:25**	10.1	**2:59**	0.8	**3:04**	1.7	5:13	8:12	
21	Sun	**10:04**	8.8	**10:11**	10.1	**3:49**	0.7	**3:51**	1.8	5:14	8:11	
22	Mon	**10:50**	8.8	**10:53**	10.2	**4:35**	0.6	**4:35**	1.8	5:15	8:11	
23	Tue	**11:32**	8.9	**11:32**	10.2	**5:16**	0.5	**5:15**	1.7	5:16	8:10	
24	Wed			**12:11**	8.9	**5:55**	0.4	**5:54**	1.6	5:17	8:09	
25	Thu	**12:08**	10.3	**12:47**	9.0	**6:32**	0.4	**6:31**	1.5	5:18	8:08	
26	Fri	**12:41**	10.3	**1:19**	9.1	**7:07**	0.3	**7:08**	1.5	5:19	8:06	
27	Sat	**1:14**	10.3	**1:51**	9.3	**7:42**	0.3	**7:46**	1.4	5:20	8:05	
28	Sun	**1:50**	10.2	**2:25**	9.4	**8:18**	0.4	**8:28**	1.2	5:21	8:04	
29	Mon	**2:30**	10.1	**3:03**	9.6	**8:56**	0.4	**9:13**	1.1	5:22	8:03	
30	Tue	**3:15**	9.9	**3:46**	9.9	**9:37**	0.5	**10:02**	1.0	5:23	8:02	
31	Wed	**4:05**	9.7	**4:35**	10.1	**10:23**	0.7	**10:57**	0.8	5:24	8:01	