US HARBORS www.USHarbors.com

Rockland, ME - Aug 2097

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:01	9.5	5:28	10.3	11:14	0.9	11:58	0.6	5:25	7:59	
2	Fri	6:03	9.3	6:27	10.6			12:11	1.0	5:26	7:58	
3	Sat	7:10	9.3	7:30	10.9	1:02	0.3	1:13	1.0	5:27	7:57	
4	Sun	8:20	9.4	8:34	11.3	2:06	-0.1	2:16	0.8	5:29	7:56	
5	Mon	9:26	9.7	9:37	11.8	3:09	-0.6	3:18	0.5	5:30	7:54	
6	Tue	10:26	10.1	10:37	12.1	4:09	-1.0	4:17	0.2	5:31	7:53	
7	Wed	11:22	10.5	11:33	12.3	5:05	-1.4	5:14	-0.1	5:32	7:52	
8	Thu			12:15	10.8	5:58	-1.6	6:09	-0.3	5:33	7:50	
9	Fri	12:27	12.3	1:06	10.9	6:49	-1.5	7:02	-0.4	5:34	7:49	
10	Sat	1:19	12.0	1:55	11.0	7:38	-1.3	7:55	-0.3	5:35	7:47	
11	Sun	2:11	11.6	2:44	10.9	8:26	-0.8	8:47	-0.1	5:36	7:46	
12	Mon	3:02	10.9	3:33	10.6	9:14	-0.3	9:40	0.2	5:38	7:44	
13	Tue	3:56	10.2	4:23	10.3	10:02	0.4	10:35	0.6	5:39	7:43	
14	Wed	4:51	9.6	5:15	10.0	10:53	1.0	11:32	0.9	5:40	7:41	
15	Thu	5:49	9.0	6:10	9.8	11:45	1.5			5:41	7:40	
16	Fri	6:49	8.7	7:06	9.6	12:30	1.1	12:41	1.9	5:42	7:38	
17	Sat	7:48	8.5	8:01	9.6	1:29	1.2	1:37	2.1	5:43	7:37	
18	Sun	8:43	8.5	8:54	9.7	2:25	1.2	2:31	2.1	5:44	7:35	
19	Mon	9:34	8.6	9:42	9.9	3:17	1.0	3:21	1.9	5:46	7:33	
20	Tue	10:20	8.8	10:26	10.1	4:04	0.8	4:07	1.7	5:47	7:32	
21	Wed	11:02	9.0	11:05	10.3	4:46	0.6	4:48	1.5	5:48	7:30	
22	Thu	11:40	9.2	11:41	10.4	5:25	0.4	5:27	1.3	5:49	7:28	
23	Fri			12:13	9.4	6:01	0.3	6:05	1.0	5:50	7:27	
24	Sat	12:15	10.5	12:44	9.7	6:35	0.2	6:42	0.8	5:51	7:25	
25	Sun	12:49	10.5	1:16	9.9	7:09	0.2	7:21	0.6	5:52	7:23	
26	Mon	1:26	10.4	1:50	10.2	7:45	0.2	8:02	0.5	5:54	7:22	
27	Tue	2:07	10.3	2:30	10.3	8:23	0.3	8:48	0.4	5:55	7:20	
28	Wed	2:52	10.1	3:14	10.5	9:06	0.5	9:38	0.3	5:56	7:18	
29	Thu	3:44	9.8	4:05	10.5	9:54	0.8	10:35	0.3	5:57	7:16	
30	Fri	4:42	9.4	5:02	10.6	10:49	1.1	11:38	0.3	5:58	7:15	
31	Sat	5:48	9.2	6:07	10.6	11:51	1.2			5:59	7:13	