US HARBORS www.USHarbors.com

Rockland, ME - Jan 2098

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:04	10.5	10:43	9.0	3:46	1.5	4:27	0.2	7:11	4:09	
2	Thu	10:43	10.4	11:23	9.0	4:26	1.6	5:07	0.3	7:11	4:10	
3	Fri	11:20	10.3			5:05	1.7	5:44	0.3	7:11	4:10	
4	Sat	12:00	8.9	11:54 AM	10.2	5:41	1.7	6:20	0.4	7:11	4:11	
5	Sun	12:35	8.9	12:26	10.1	6:18	1.7	6:56	0.5	7:10	4:12	
6	Mon	1:08	8.9	1:01	10.0	6:56	1.8	7:32	0.6	7:10	4:14	
7	Tue	1:41	8.9	1:38	9.8	7:36	1.8	8:09	0.8	7:10	4:15	
8	Wed	2:17	9.0	2:20	9.6	8:19	1.8	8:48	0.9	7:10	4:16	
9	Thu	2:57	9.1	3:07	9.4	9:07	1.7	9:31	1.1	7:10	4:17	
10	Fri	3:42	9.3	4:00	9.1	9:59	1.6	10:19	1.2	7:09	4:18	
11	Sat	4:32	9.6	4:58	9.0	10:56	1.3	11:11	1.3	7:09	4:19	
12	Sun	5:26	9.9	6:01	9.0	11:56	0.9			7:08	4:20	
13	Mon	6:23	10.4	7:07	9.1	12:07	1.3	12:58	0.4	7:08	4:21	
14	Tue	7:22	10.9	8:11	9.4	1:06	1.2	1:58	-0.2	7:07	4:23	
15	Wed	8:21	11.4	9:11	9.8	2:05	0.9	2:56	-0.7	7:07	4:24	
16	Thu	9:19	11.9	10:08	10.2	3:02	0.5	3:52	-1.3	7:06	4:25	
17	Fri	10:15	12.3	11:02	10.6	3:59	0.1	4:46	-1.7	7:06	4:26	
18	Sat	11:10	12.6	11:55	10.9	4:54	-0.2	5:39	-1.9	7:05	4:28	
19	Sun			12:04	12.5	5:49	-0.4	6:30	-1.8	7:04	4:29	
20	Mon	12:47	11.1	12:59	12.3	6:44	-0.5	7:22	-1.6	7:04	4:30	
21	Tue	1:39	11.1	1:54	11.7	7:39	-0.4	8:13	-1.1	7:03	4:32	
22	Wed	2:32	11.0	2:51	11.1	8:36	-0.1	9:05	-0.5	7:02	4:33	
23	Thu	3:27	10.9	3:50	10.3	9:36	0.1	9:58	0.1	7:01	4:34	
24	Fri	4:23	10.6	4:52	9.7	10:37	0.4	10:54	0.7	7:00	4:36	
25	Sat	5:20	10.4	5:55	9.2	11:39	0.6	11:52	1.3	7:00	4:37	
26	Sun	6:18	10.2	6:57	8.9			12:41	0.8	6:59	4:38	
27	Mon	7:14	10.1	7:54	8.8	12:50	1.6	1:39	0.8	6:58	4:40	
28	Tue	8:07	10.1	8:47	8.8	1:45	1.8	2:33	0.7	6:57	4:41	
29	Wed	8:56	10.1	9:35	8.8	2:36	1.8	3:21	0.6	6:56	4:42	
30	Thu	9:41	10.2	10:19	8.9	3:23	1.7	4:05	0.5	6:54	4:44	
31	Fri	10:22	10.3	10:59	9.0	4:05	1.6	4:44	0.4	6:53	4:45	