US HARBORS www.USHarbors.com

Rockland, ME - Aug 2098

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:25	11.9	3:02	11.3	8:44	-1.3	9:07	-0.5	5:25	8:00	
2	Sat	3:22	11.4	3:56	11.2	9:36	-0.8	10:06	-0.3	5:26	7:59	
3	Sun	4:21	10.7	4:52	11.0	10:30	-0.2	11:07	0.0	5:27	7:57	
4	Mon	5:24	10.0	5:50	10.7	11:26	0.5			5:28	7:56	
5	Tue	6:28	9.5	6:50	10.5	12:10	0.3	12:25	1.0	5:29	7:55	
6	Wed	7:31	9.1	7:49	10.4	1:14	0.4	1:24	1.4	5:31	7:53	
7	Thu	8:31	9.0	8:45	10.3	2:15	0.5	2:23	1.6	5:32	7:52	
8	Fri	9:26	8.9	9:37	10.3	3:11	0.5	3:17	1.6	5:33	7:50	
9	Sat	10:16	9.0	10:25	10.3	4:02	0.5	4:06	1.6	5:34	7:49	
10	Sun	11:02	9.0	11:08	10.3	4:48	0.4	4:50	1.5	5:35	7:48	
11	Mon	11:43	9.1	11:47	10.3	5:29	0.4	5:30	1.5	5:36	7:46	
12	Tue			12:21	9.2	6:06	0.4	6:08	1.4	5:37	7:45	
13	Wed	12:23	10.3	12:55	9.2	6:41	0.4	6:43	1.3	5:38	7:43	
14	Thu	12:55	10.2	1:25	9.3	7:13	0.5	7:19	1.3	5:40	7:42	
15	Fri	1:26	10.0	1:53	9.4	7:45	0.6	7:55	1.2	5:41	7:40	
16	Sat	1:59	9.8	2:24	9.5	8:18	0.8	8:34	1.2	5:42	7:38	
17	Sun	2:36	9.6	2:59	9.6	8:54	1.0	9:17	1.2	5:43	7:37	
18	Mon	3:19	9.3	3:41	9.7	9:33	1.2	10:04	1.1	5:44	7:35	
19	Tue	4:07	9.1	4:28	9.8	10:18	1.4	10:58	1.1	5:45	7:34	
20	Wed	5:02	8.8	5:22	9.9	11:10	1.6	11:58	0.9	5:46	7:32	
21	Thu	6:04	8.7	6:22	10.1			12:08	1.7	5:48	7:30	
22	Fri	7:12	8.8	7:27	10.5	1:02	0.6	1:11	1.5	5:49	7:29	
23	Sat	8:21	9.1	8:33	11.0	2:07	0.2	2:15	1.2	5:50	7:27	
24	Sun	9:24	9.6	9:35	11.5	3:08	-0.3	3:17	0.7	5:51	7:25	
25	Mon	10:21	10.2	10:33	12.0	4:06	-0.9	4:16	0.1	5:52	7:24	
26	Tue	11:14	10.8	11:29	12.3	4:59	-1.3	5:12	-0.5	5:53	7:22	
27	Wed			12:05	11.3	5:50	-1.6	6:06	-0.9	5:54	7:20	
28	Thu	12:22	12.4	12:54	11.6	6:40	-1.6	6:59	-1.1	5:56	7:18	
29	Fri	1:14	12.1	1:43	11.7	7:28	-1.4	7:52	-1.1	5:57	7:17	
30	Sat	2:07	11.6	2:33	11.6	8:17	-0.9	8:46	-0.8	5:58	7:15	
31	Sun	3:02	11.0	3:24	11.3	9:07	-0.3	9:42	-0.5	5:59	7:13	