US HARBORS www.USHarbors.com

Rockland, ME - Mar 2099

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**4:51**	9.7	**5:42**	8.5	**11:33**	1.0	**11:42**	1.9	6:12	5:24	
2	Mon	**5:56**	10.0	**6:52**	8.7			**12:38**	0.7	6:10	5:26	
3	Tue	**7:03**	10.5	**7:56**	9.3	**12:47**	1.6	**1:41**	0.1	6:08	5:27	
4	Wed	**8:07**	11.1	**8:53**	9.9	**1:50**	1.0	**2:38**	-0.5	6:07	5:28	
5	Thu	**9:05**	11.6	**9:46**	10.6	**2:49**	0.4	**3:31**	-1.0	6:05	5:30	
6	Fri	**10:00**	12.1	**10:35**	11.3	**3:44**	-0.3	**4:21**	-1.4	6:03	5:31	
7	Sat	**10:53**	12.3	**11:23**	11.8	**4:38**	-0.9	**5:09**	-1.6	6:01	5:32	
8	Sun			**12:45**	12.2	**6:30**	-1.3	**6:57**	-1.5	6:59	6:33	
9	Mon	**1:11**	12.0	**1:36**	11.9	**7:22**	-1.5	**7:45**	-1.2	6:58	6:35	
10	Tue	**1:59**	12.0	**2:30**	11.3	**8:15**	-1.4	**8:34**	-0.6	6:56	6:36	
11	Wed	**2:50**	11.8	**3:25**	10.6	**9:09**	-1.0	**9:26**	0.1	6:54	6:37	
12	Thu	**3:43**	11.3	**4:25**	9.9	**10:07**	-0.5	**10:21**	0.8	6:52	6:39	
13	Fri	**4:41**	10.8	**5:29**	9.3	**11:08**	0.1	**11:21**	1.4	6:51	6:40	
14	Sat	**5:45**	10.3	**6:35**	8.9			**12:13**	0.5	6:49	6:41	
15	Sun	**6:51**	10.0	**7:39**	8.8	**12:26**	1.8	**1:19**	0.8	6:47	6:42	
16	Mon	**7:54**	9.9	**8:37**	8.8	**1:32**	1.9	**2:20**	0.9	6:45	6:44	
17	Tue	**8:51**	9.9	**9:29**	9.0	**2:32**	1.8	**3:15**	0.8	6:43	6:45	
18	Wed	**9:43**	10.0	**10:16**	9.2	**3:26**	1.6	**4:02**	0.7	6:41	6:46	
19	Thu	**10:28**	10.1	**10:57**	9.4	**4:12**	1.4	**4:44**	0.6	6:40	6:47	
20	Fri	**11:09**	10.1	**11:34**	9.6	**4:54**	1.2	**5:20**	0.6	6:38	6:49	
21	Sat	**11:47**	10.1			**5:32**	1.0	**5:54**	0.7	6:36	6:50	
22	Sun	**12:07**	9.7	**12:20**	9.9	**6:07**	0.8	**6:25**	0.8	6:34	6:51	
23	Mon	**12:35**	9.8	**12:51**	9.8	**6:41**	0.7	**6:55**	0.9	6:32	6:52	
24	Tue	**1:01**	9.9	**1:22**	9.6	**7:15**	0.6	**7:27**	1.1	6:31	6:53	
25	Wed	**1:30**	10.0	**1:56**	9.4	**7:51**	0.6	**8:01**	1.3	6:29	6:55	
26	Thu	**2:04**	10.0	**2:35**	9.2	**8:31**	0.6	**8:39**	1.6	6:27	6:56	
27	Fri	**2:44**	10.0	**3:20**	8.9	**9:15**	0.7	**9:23**	1.8	6:25	6:57	
28	Sat	**3:31**	9.9	**4:12**	8.7	**10:06**	0.8	**10:14**	1.9	6:23	6:58	
29	Sun	**4:24**	9.9	**5:13**	8.6	**11:04**	0.8	**11:14**	2.0	6:21	7:00	
30	Mon	**5:25**	10.0	**6:21**	8.7			**12:08**	0.7	6:20	7:01	
31	Tue	**6:33**	10.2	**7:30**	9.1	**12:20**	1.8	**1:13**	0.4	6:18	7:02	