US HARBORS www.USHarbors.com

Rockland, ME - Jan 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:56	10.1	2:04	11.0	7:58	0.6	8:32	-0.5	7:11	4:08	
2	Sat	2:46	10.3	3:01	10.6	8:54	0.5	9:24	-0.3	7:11	4:09	
3	Sun	3:41	10.5	4:02	10.2	9:55	0.4	10:20	0.0	7:11	4:10	
4	Mon	4:40	10.7	5:10	9.9	11:00	0.3	11:18	0.3	7:11	4:11	
5	Tue	5:41	10.9	6:20	9.7			12:06	0.1	7:11	4:12	
6	Wed	6:44	11.1	7:28	9.6	12:19	0.6	1:11	-0.2	7:10	4:13	
7	Thu	7:45	11.3	8:31	9.7	1:21	0.7	2:14	-0.5	7:10	4:14	
8	Fri	8:44	11.5	9:29	9.8	2:21	0.7	3:12	-0.7	7:10	4:15	
9	Sat	9:39	11.6	10:22	9.9	3:18	0.7	4:06	-0.8	7:10	4:16	
10	Sun	10:30	11.6	11:12	9.9	4:11	0.7	4:56	-0.8	7:09	4:17	
11	Mon	11:18	11.4	11:59	9.8	5:00	0.7	5:43	-0.7	7:09	4:18	
12	Tue			12:04	11.2	5:47	0.8	6:26	-0.4	7:09	4:20	
13	Wed	12:43	9.8	12:47	10.8	6:32	1.0	7:08	-0.1	7:08	4:21	
14	Thu	1:25	9.6	1:28	10.3	7:16	1.1	7:48	0.3	7:08	4:22	
15	Fri	2:06	9.5	2:10	9.9	8:00	1.3	8:27	0.7	7:07	4:23	
16	Sat	2:46	9.4	2:53	9.4	8:45	1.5	9:08	1.1	7:07	4:25	
17	Sun	3:27	9.2	3:40	8.9	9:33	1.7	9:51	1.5	7:06	4:26	
18	Mon	4:10	9.2	4:32	8.5	10:25	1.7	10:38	1.8	7:05	4:27	
19	Tue	4:58	9.2	5:31	8.3	11:20	1.7	11:28	2.1	7:05	4:28	
20	Wed	5:49	9.2	6:32	8.2			12:17	1.6	7:04	4:30	
21	Thu	6:42	9.4	7:30	8.3	12:22	2.2	1:13	1.3	7:03	4:31	
22	Fri	7:35	9.7	8:23	8.5	1:15	2.1	2:06	1.0	7:03	4:32	
23	Sat	8:24	10.1	9:11	8.8	2:06	1.9	2:55	0.6	7:02	4:34	
24	Sun	9:10	10.5	9:56	9.1	2:55	1.6	3:42	0.1	7:01	4:35	
25	Mon	9:55	11.0	10:38	9.6	3:41	1.2	4:25	-0.3	7:00	4:36	
26	Tue	10:39	11.4	11:19	10.0	4:27	0.8	5:08	-0.7	6:59	4:38	
27	Wed	11:24	11.6			5:13	0.4	5:51	-1.0	6:58	4:39	
28	Thu	12:02	10.4	12:10	11.7	6:00	0.0	6:35	-1.1	6:57	4:40	
29	Fri	12:46	10.8	12:59	11.6	6:50	-0.2	7:21	-1.0	6:56	4:42	
30	Sat	1:32	11.0	1:50	11.2	7:42	-0.3	8:09	-0.7	6:55	4:43	
31	Sun	2:22	11.1	2:46	10.7	8:38	-0.3	9:00	-0.3	6:54	4:44	