US HARBORS www.USHarbors.com

Rockland, ME - Jul 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**7:07**	8.7	**7:31**	9.5	**12:53**	1.5	**1:05**	1.7	4:57	8:23	
2	Fri	**8:03**	8.5	**8:18**	9.6	**1:48**	1.4	**1:54**	1.9	4:58	8:23	
3	Sat	**8:56**	8.5	**9:04**	9.8	**2:39**	1.2	**2:42**	1.9	4:58	8:23	
4	Sun	**9:45**	8.6	**9:48**	9.9	**3:28**	1.0	**3:28**	1.9	4:59	8:22	
5	Mon	**10:31**	8.7	**10:29**	10.1	**4:14**	0.7	**4:13**	1.8	4:59	8:22	
6	Tue	**11:14**	8.8	**11:09**	10.4	**4:57**	0.5	**4:55**	1.7	5:00	8:22	
7	Wed	**11:53**	9.0	**11:47**	10.6	**5:39**	0.3	**5:36**	1.5	5:01	8:21	
8	Thu			**12:31**	9.2	**6:19**	0.0	**6:17**	1.3	5:02	8:21	
9	Fri	**12:26**	10.8	**1:09**	9.4	**6:58**	-0.2	**7:00**	1.1	5:02	8:20	
10	Sat	**1:07**	10.9	**1:49**	9.7	**7:39**	-0.3	**7:45**	0.9	5:03	8:20	
11	Sun	**1:51**	10.9	**2:32**	9.9	**8:21**	-0.4	**8:33**	0.8	5:04	8:19	
12	Mon	**2:39**	10.8	**3:18**	10.2	**9:06**	-0.3	**9:26**	0.6	5:05	8:19	
13	Tue	**3:31**	10.6	**4:08**	10.5	**9:54**	-0.2	**10:22**	0.4	5:06	8:18	
14	Wed	**4:27**	10.3	**5:02**	10.7	**10:45**	0.1	**11:23**	0.3	5:06	8:18	
15	Thu	**5:30**	9.9	**6:00**	10.9	**11:41**	0.3			5:07	8:17	
16	Fri	**6:38**	9.7	**7:02**	11.1	**12:27**	0.1	**12:41**	0.6	5:08	8:16	
17	Sat	**7:47**	9.6	**8:06**	11.3	**1:33**	-0.2	**1:43**	0.7	5:09	8:15	
18	Sun	**8:54**	9.6	**9:08**	11.5	**2:37**	-0.4	**2:45**	0.7	5:10	8:15	
19	Mon	**9:56**	9.7	**10:07**	11.7	**3:38**	-0.7	**3:45**	0.6	5:11	8:14	
20	Tue	**10:53**	9.9	**11:02**	11.8	**4:36**	-0.9	**4:41**	0.5	5:12	8:13	
21	Wed	**11:45**	10.0	**11:54**	11.7	**5:29**	-1.0	**5:35**	0.5	5:13	8:12	
22	Thu			**12:35**	10.1	**6:19**	-0.9	**6:25**	0.5	5:14	8:11	
23	Fri	**12:43**	11.5	**1:22**	10.1	**7:05**	-0.7	**7:13**	0.6	5:15	8:10	
24	Sat	**1:29**	11.2	**2:06**	10.0	**7:49**	-0.4	**8:00**	0.8	5:16	8:09	
25	Sun	**2:14**	10.7	**2:49**	9.8	**8:31**	0.0	**8:45**	1.0	5:17	8:08	
26	Mon	**2:58**	10.2	**3:31**	9.7	**9:12**	0.4	**9:32**	1.2	5:18	8:07	
27	Tue	**3:43**	9.6	**4:13**	9.5	**9:54**	0.9	**10:20**	1.4	5:19	8:06	
28	Wed	**4:30**	9.1	**4:57**	9.4	**10:37**	1.4	**11:11**	1.5	5:20	8:05	
29	Thu	**5:22**	8.7	**5:45**	9.3	**11:24**	1.8			5:21	8:04	
30	Fri	**6:19**	8.3	**6:36**	9.2	**12:05**	1.6	**12:14**	2.1	5:22	8:03	
31	Sat	**7:18**	8.2	**7:30**	9.3	**1:02**	1.6	**1:07**	2.2	5:23	8:02	