US HARBORS www.USHarbors.com

Rockport, ME - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:05	10.2	4:46	9.7	10:23	0.3	10:45	1.3	4:56	8:23	
2	Wed	4:59	9.6	5:36	9.6	11:11	0.8	11:41	1.5	4:57	8:23	
3	Thu	5:54	9.1	6:26	9.5			12:00	1.2	4:58	8:23	
4	Fri	6:51	8.8	7:16	9.5	12:37	1.5	12:49	1.6	4:58	8:22	
5	Sat	7:46	8.6	8:04	9.6	1:32	1.4	1:39	1.8	4:59	8:22	
6	Sun	8:40	8.5	8:51	9.7	2:24	1.3	2:28	1.9	5:00	8:22	
7	Mon	9:31	8.5	9:36	9.9	3:14	1.1	3:15	2.0	5:00	8:21	
8	Tue	10:18	8.6	10:19	10.0	4:01	0.8	4:00	1.9	5:01	8:21	
9	Wed	11:02	8.7	10:58	10.2	4:45	0.6	4:43	1.8	5:02	8:20	
10	Thu	11:42	8.9	11:36	10.4	5:27	0.4	5:24	1.6	5:03	8:20	
11	Fri			12:20	9.0	6:06	0.2	6:04	1.5	5:03	8:19	
12	Sat	12:14	10.6	12:57	9.2	6:45	0.0	6:45	1.3	5:04	8:19	
13	Sun	12:53	10.8	1:34	9.5	7:25	-0.2	7:28	1.1	5:05	8:18	
14	Mon	1:35	10.8	2:15	9.8	8:05	-0.2	8:14	0.9	5:06	8:18	
15	Tue	2:20	10.8	2:58	10.0	8:48	-0.2	9:04	0.7	5:07	8:17	
16	Wed	3:09	10.6	3:46	10.3	9:33	-0.1	9:58	0.5	5:08	8:16	
17	Thu	4:03	10.3	4:37	10.6	10:23	0.1	10:57	0.4	5:09	8:15	
18	Fri	5:02	10.0	5:34	10.8	11:17	0.3			5:10	8:15	
19	Sat	6:08	9.7	6:34	11.0	12:00	0.2	12:15	0.5	5:11	8:14	
20	Sun	7:17	9.5	7:38	11.2	1:05	0.0	1:16	0.7	5:11	8:13	
21	Mon	8:27	9.5	8:42	11.4	2:10	-0.3	2:19	0.7	5:12	8:12	
22	Tue	9:31	9.7	9:42	11.6	3:13	-0.6	3:20	0.7	5:13	8:11	
23	Wed	10:30	9.9	10:40	11.8	4:12	-0.8	4:19	0.5	5:14	8:10	
24	Thu	11:24	10.0	11:33	11.8	5:08	-1.0	5:14	0.4	5:15	8:09	
25	Fri			12:16	10.2	5:59	-1.0	6:06	0.4	5:17	8:08	
26	Sat	12:24	11.7	1:04	10.2	6:47	-0.9	6:55	0.4	5:18	8:07	
27	Sun	1:12	11.4	1:50	10.1	7:33	-0.7	7:43	0.6	5:19	8:06	
28	Mon	1:58	11.0	2:34	10.0	8:16	-0.3	8:30	0.8	5:20	8:05	
29	Tue	2:44	10.4	3:17	9.8	8:58	0.2	9:17	1.0	5:21	8:04	
30	Wed	3:29	9.9	4:00	9.7	9:40	0.7	10:05	1.2	5:22	8:03	
31	Thu	4:16	9.3	4:44	9.5	10:23	1.2	10:55	1.4	5:23	8:01	