US HARBORS www.USHarbors.com

Rockport, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:03	11.4	9:42	10.3	2:43	0.5	3:25	-0.7	6:12	5:24	
2	Mon	9:57	11.6	10:31	10.6	3:38	0.2	4:15	-0.8	6:11	5:25	
3	Tue	10:46	11.5	11:16	10.8	4:29	-0.1	5:01	-0.8	6:09	5:26	
4	Wed	11:32	11.3	11:58	10.8	5:17	-0.2	5:43	-0.5	6:07	5:28	
5	Thu			12:16	10.9	6:01	-0.2	6:23	-0.1	6:05	5:29	
6	Fri	12:37	10.7	12:58	10.4	6:44	0.0	7:01	0.3	6:04	5:30	
7	Sat	1:15	10.4	1:39	9.8	7:26	0.3	7:39	0.9	6:02	5:32	
8	Sun	1:52	10.1	3:21	9.3	9:08	0.6	9:19	1.4	7:00	6:33	
9	Mon	3:31	9.8	4:06	8.8	9:54	1.0	10:03	1.9	6:58	6:34	
10	Tue	4:14	9.5	4:58	8.4	10:44	1.3	10:51	2.2	6:56	6:36	
11	Wed	5:05	9.2	5:58	8.1	11:39	1.6	11:47	2.5	6:55	6:37	
12	Thu	6:04	9.1	7:01	8.0			12:39	1.6	6:53	6:38	
13	Fri	7:07	9.1	8:01	8.2	12:46	2.5	1:39	1.5	6:51	6:39	
14	Sat	8:07	9.3	8:53	8.5	1:45	2.3	2:33	1.3	6:49	6:41	
15	Sun	8:59	9.7	9:39	8.9	2:40	2.0	3:22	0.9	6:47	6:42	
16	Mon	9:45	10.1	10:19	9.4	3:29	1.5	4:05	0.5	6:46	6:43	
17	Tue	10:28	10.4	10:57	10.0	4:14	1.0	4:45	0.2	6:44	6:44	
18	Wed	11:09	10.7	11:33	10.5	4:58	0.4	5:24	-0.1	6:42	6:46	
19	Thu	11:50	10.9			5:40	-0.1	6:03	-0.3	6:40	6:47	
20	Fri	12:10	11.0	12:33	11.0	6:24	-0.5	6:43	-0.3	6:38	6:48	
21	Sat	12:50	11.3	1:18	10.9	7:09	-0.8	7:26	-0.2	6:36	6:49	
22	Sun	1:34	11.5	2:07	10.6	7:58	-0.9	8:12	0.1	6:35	6:51	
23	Mon	2:21	11.5	3:00	10.3	8:50	-0.8	9:03	0.4	6:33	6:52	
24	Tue	3:14	11.4	4:00	9.8	9:47	-0.6	10:00	0.8	6:31	6:53	
25	Wed	4:14	11.1	5:08	9.5	10:51	-0.3	11:05	1.1	6:29	6:54	
26	Thu	5:23	10.8	6:22	9.3	11:59	-0.1			6:27	6:55	
27	Fri	6:38	10.6	7:32	9.5	12:15	1.2	1:09	0.0	6:25	6:57	
28	Sat	7:49	10.7	8:35	9.8	1:26	1.1	2:14	-0.1	6:24	6:58	
29	Sun	8:53	10.8	9:31	10.2	2:33	0.8	3:13	-0.2	6:22	6:59	
30	Mon	9:50	10.9	10:22	10.5	3:33	0.4	4:05	-0.3	6:20	7:00	
31	Tue	10:41	10.9	11:08	10.8	4:26	0.1	4:52	-0.3	6:18	7:02	