US HARBORS www.USHarbors.com

Rockport, ME - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**11:51**	9.8	**11:59**	10.6	**5:36**	0.0	**5:44**	0.9	5:26	7:39	
2	Sat			**12:32**	9.6	**6:16**	0.0	**6:21**	1.2	5:25	7:41	
3	Sun	**12:34**	10.4	**1:10**	9.3	**6:53**	0.2	**6:56**	1.5	5:24	7:42	
4	Mon	**1:06**	10.2	**1:47**	9.0	**7:31**	0.4	**7:32**	1.8	5:22	7:43	
5	Tue	**1:39**	10.0	**2:23**	8.8	**8:09**	0.6	**8:10**	2.0	5:21	7:44	
6	Wed	**2:15**	9.8	**3:02**	8.6	**8:50**	0.8	**8:52**	2.2	5:20	7:45	
7	Thu	**2:56**	9.6	**3:46**	8.4	**9:34**	1.0	**9:38**	2.3	5:18	7:46	
8	Fri	**3:42**	9.4	**4:34**	8.4	**10:21**	1.1	**10:29**	2.4	5:17	7:48	
9	Sat	**4:33**	9.3	**5:26**	8.5	**11:12**	1.2	**11:25**	2.3	5:16	7:49	
10	Sun	**5:29**	9.3	**6:20**	8.8			**12:03**	1.2	5:14	7:50	
11	Mon	**6:27**	9.3	**7:12**	9.2	**12:23**	2.0	**12:55**	1.0	5:13	7:51	
12	Tue	**7:26**	9.5	**8:01**	9.8	**1:20**	1.5	**1:46**	0.8	5:12	7:52	
13	Wed	**8:23**	9.8	**8:49**	10.4	**2:15**	0.9	**2:35**	0.6	5:11	7:53	
14	Thu	**9:18**	10.1	**9:36**	11.1	**3:08**	0.2	**3:24**	0.3	5:10	7:55	
15	Fri	**10:11**	10.3	**10:24**	11.7	**4:00**	-0.5	**4:12**	0.1	5:09	7:56	
16	Sat	**11:04**	10.5	**11:13**	12.1	**4:51**	-1.1	**5:02**	0.0	5:08	7:57	
17	Sun	**11:56**	10.6			**5:43**	-1.5	**5:52**	-0.1	5:07	7:58	
18	Mon	**12:04**	12.3	**12:50**	10.6	**6:36**	-1.7	**6:44**	0.0	5:06	7:59	
19	Tue	**12:57**	12.4	**1:46**	10.5	**7:30**	-1.7	**7:39**	0.1	5:05	8:00	
20	Wed	**1:53**	12.2	**2:44**	10.4	**8:26**	-1.5	**8:37**	0.3	5:04	8:01	
21	Thu	**2:52**	11.8	**3:45**	10.2	**9:24**	-1.2	**9:39**	0.6	5:03	8:02	
22	Fri	**3:55**	11.3	**4:48**	10.1	**10:24**	-0.8	**10:44**	0.8	5:02	8:03	
23	Sat	**5:01**	10.9	**5:50**	10.1	**11:25**	-0.4	**11:50**	0.8	5:01	8:04	
24	Sun	**6:07**	10.5	**6:50**	10.2			**12:25**	0.0	5:00	8:05	
25	Mon	**7:11**	10.1	**7:46**	10.4	**12:55**	0.8	**1:22**	0.3	4:59	8:06	
26	Tue	**8:10**	9.9	**8:38**	10.5	**1:57**	0.6	**2:16**	0.5	4:59	8:07	
27	Wed	**9:06**	9.7	**9:26**	10.6	**2:53**	0.5	**3:06**	0.8	4:58	8:08	
28	Thu	**9:57**	9.5	**10:11**	10.6	**3:44**	0.3	**3:53**	1.0	4:57	8:09	
29	Fri	**10:44**	9.4	**10:53**	10.5	**4:31**	0.2	**4:35**	1.3	4:57	8:10	
30	Sat	**11:29**	9.2	**11:31**	10.4	**5:13**	0.2	**5:15**	1.5	4:56	8:11	
31	Sun			**12:10**	9.1	**5:53**	0.3	**5:53**	1.6	4:56	8:12	