US HARBORS www.USHarbors.com

Rockport, ME - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:19	10.2	1:02	8.8	6:46	0.4	6:43	1.8	4:56	8:23	
2	Thu	12:52	10.2	1:35	8.9	7:22	0.4	7:20	1.7	4:57	8:23	
3	Fri	1:26	10.2	2:08	9.0	7:58	0.4	8:00	1.7	4:57	8:23	
4	Sat	2:03	10.1	2:43	9.1	8:34	0.5	8:42	1.6	4:58	8:23	
5	Sun	2:44	10.0	3:22	9.3	9:13	0.5	9:28	1.5	4:59	8:22	
6	Mon	3:29	9.8	4:06	9.6	9:55	0.6	10:18	1.3	4:59	8:22	
7	Tue	4:19	9.7	4:53	9.9	10:41	0.7	11:13	1.0	5:00	8:21	
8	Wed	5:15	9.5	5:46	10.2	11:31	0.8			5:01	8:21	
9	Thu	6:16	9.4	6:42	10.6	12:13	0.7	12:26	0.9	5:02	8:21	
10	Fri	7:21	9.4	7:42	11.0	1:15	0.3	1:25	0.9	5:02	8:20	
11	Sat	8:28	9.5	8:43	11.4	2:17	-0.2	2:25	0.7	5:03	8:20	
12	Sun	9:33	9.7	9:44	11.9	3:19	-0.7	3:25	0.5	5:04	8:19	
13	Mon	10:34	10.1	10:43	12.2	4:18	-1.1	4:24	0.2	5:05	8:18	
14	Tue	11:31	10.4	11:40	12.4	5:14	-1.5	5:21	0.0	5:06	8:18	
15	Wed			12:25	10.6	6:09	-1.7	6:17	-0.2	5:07	8:17	
16	Thu	12:35	12.4	1:18	10.8	7:01	-1.6	7:12	-0.2	5:07	8:16	
17	Fri	1:29	12.2	2:10	10.8	7:52	-1.4	8:07	-0.2	5:08	8:16	
18	Sat	2:23	11.7	3:01	10.8	8:42	-1.0	9:02	0.1	5:09	8:15	
19	Sun	3:17	11.1	3:53	10.6	9:32	-0.5	9:58	0.3	5:10	8:14	
20	Mon	4:12	10.4	4:45	10.4	10:22	0.1	10:55	0.6	5:11	8:13	
21	Tue	5:09	9.7	5:38	10.2	11:14	0.7	11:53	0.9	5:12	8:12	
22	Wed	6:08	9.2	6:33	10.0			12:07	1.2	5:13	8:11	
23	Thu	7:08	8.8	7:27	9.9	12:52	1.0	1:01	1.6	5:14	8:10	
24	Fri	8:06	8.6	8:20	9.8	1:50	1.1	1:55	1.9	5:15	8:09	
25	Sat	9:00	8.5	9:10	9.9	2:44	1.0	2:47	2.0	5:16	8:08	
26	Sun	9:50	8.6	9:57	10.0	3:35	0.9	3:36	1.9	5:17	8:07	
27	Mon	10:36	8.7	10:40	10.1	4:21	0.7	4:21	1.8	5:18	8:06	
28	Tue	11:19	8.8	11:19	10.3	5:03	0.6	5:02	1.7	5:19	8:05	
29	Wed	11:57	9.0	11:55	10.3	5:42	0.4	5:41	1.5	5:21	8:04	
30	Thu			12:32	9.2	6:18	0.3	6:18	1.4	5:22	8:03	
31	Fri	12:28	10.4	1:03	9.3	6:53	0.2	6:56	1.2	5:23	8:02	