


































Rockport, ME - Mar 2057

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 7:06 | 11.1 | 7:54 | 9.8 | 12:42 | 0.8 | 1:33 | -0.4 | 6:11 | 5:24 |  |
| 2 | Fri | 8:10 | 11.3 | 8:54 | 10.2 | 1:48 | 0.6 | 2:35 | -0.7 | 6:10 | 5:26 |  |
| 3 | Sat | 9:09 | 11.6 | 9:48 | 10.5 | 2:48 | 0.3 | 3:30 | -0.9 | 6:08 | 5:27 |  |
| 4 | Sun | 10:03 | 11.7 | 10:37 | 10.7 | 3:44 | 0.0 | 4:21 | -1.0 | 6:06 | 5:28 |  |
| 5 | Mon | 10:52 | 11.7 | 11:24 | 10.8 | 4:35 | -0.1 | 5:07 | -0.9 | 6:04 | 5:30 |  |
| 6 | Tue | 11:39 | 11.4 | | | 5:22 | -0.2 | 5:51 | -0.7 | 6:03 | 5:31 |  |
| 7 | Wed | 12:07 | 10.8 | 12:23 | 11.1 | 6:07 | -0.1 | 6:32 | -0.3 | 6:01 | 5:32 |  |
| 8 | Thu | 12:48 | 10.6 | 1:05 | 10.6 | 6:50 | 0.1 | 7:11 | 0.2 | 5:59 | 5:34 |  |
| 9 | Fri | 1:27 | 10.4 | 1:47 | 10.1 | 7:33 | 0.3 | 7:51 | 0.7 | 5:57 | 5:35 |  |
| 10 | Sat | 2:05 | 10.1 | 2:29 | 9.5 | 8:16 | 0.7 | 8:31 | 1.2 | 5:56 | 5:36 |  |
| 11 | Sun | 3:44 | 9.7 | 4:15 | 9.0 | 10:02 | 1.0 | 10:15 | 1.6 | 6:54 | 6:37 |  |
| 12 | Mon | 4:27 | 9.5 | 5:07 | 8.6 | 10:51 | 1.3 | 11:04 | 2.0 | 6:52 | 6:39 |  |
| 13 | Tue | 5:17 | 9.2 | 6:05 | 8.4 | 11:46 | 1.4 | 11:58 | 2.2 | 6:50 | 6:40 |  |
| 14 | Wed | 6:14 | 9.1 | 7:07 | 8.3 | | | 12:44 | 1.5 | 6:48 | 6:41 |  |
| 15 | Thu | 7:15 | 9.2 | 8:06 | 8.4 | 12:55 | 2.3 | 1:42 | 1.4 | 6:47 | 6:42 |  |
| 16 | Fri | 8:12 | 9.4 | 8:58 | 8.7 | 1:52 | 2.1 | 2:36 | 1.1 | 6:45 | 6:44 |  |
| 17 | Sat | 9:04 | 9.8 | 9:44 | 9.1 | 2:46 | 1.8 | 3:25 | 0.8 | 6:43 | 6:45 |  |
| 18 | Sun | 9:50 | 10.2 | 10:26 | 9.5 | 3:34 | 1.4 | 4:10 | 0.4 | 6:41 | 6:46 |  |
| 19 | Mon | 10:33 | 10.6 | 11:04 | 10.0 | 4:20 | 0.9 | 4:51 | 0.0 | 6:39 | 6:47 |  |
| 20 | Tue | 11:14 | 10.9 | 11:41 | 10.5 | 5:03 | 0.4 | 5:31 | -0.3 | 6:37 | 6:49 |  |
| 21 | Wed | 11:56 | 11.2 | | | 5:46 | -0.1 | 6:12 | -0.5 | 6:36 | 6:50 |  |
| 22 | Thu | 12:20 | 11.0 | 12:39 | 11.3 | 6:30 | -0.5 | 6:53 | -0.6 | 6:34 | 6:51 |  |
| 23 | Fri | 1:01 | 11.3 | 1:25 | 11.2 | 7:16 | -0.8 | 7:37 | -0.5 | 6:32 | 6:52 |  |
| 24 | Sat | 1:45 | 11.5 | 2:14 | 11.0 | 8:05 | -1.0 | 8:24 | -0.3 | 6:30 | 6:54 |  |
| 25 | Sun | 2:33 | 11.6 | 3:08 | 10.6 | 8:58 | -0.9 | 9:15 | 0.0 | 6:28 | 6:55 |  |
| 26 | Mon | 3:26 | 11.4 | 4:08 | 10.2 | 9:55 | -0.7 | 10:12 | 0.4 | 6:26 | 6:56 |  |
| 27 | Tue | 4:25 | 11.2 | 5:16 | 9.8 | 10:58 | -0.5 | 11:15 | 0.8 | 6:25 | 6:57 |  |
| 28 | Wed | 5:33 | 10.9 | 6:29 | 9.7 | | | 12:05 | -0.3 | 6:23 | 6:59 |  |
| 29 | Thu | 6:46 | 10.8 | 7:38 | 9.7 | 12:24 | 1.0 | 1:14 | -0.2 | 6:21 | 7:00 |  |
| 30 | Fri | 7:56 | 10.9 | 8:42 | 10.0 | 1:34 | 0.9 | 2:19 | -0.3 | 6:19 | 7:01 |  |
| 31 | Sat | 8:59 | 11.0 | 9:38 | 10.3 | 2:39 | 0.7 | 3:19 | -0.4 | 6:17 | 7:02 |  |