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# Seavey Island, ME - Aug 1976

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 3:44 | 9.1 | 4:13 | 9.4 | 9:51 | -0.4 | 10:25 | -0.2 | 5:33 | 8:04 | |
| 2 | Mon | 4:40 | 8.8 | 5:08 | 9.4 | 10:45 | -0.2 | 11:25 | -0.1 | 5:34 | 8:03 | |
| 3 | Tue | 5:40 | 8.4 | 6:07 | 9.3 | 11:42 | 0.1 | | | 5:35 | 8:02 | |
| 4 | Wed | 6:45 | 8.1 | 7:09 | 9.3 | 12:29 | 0.0 | 12:43 | 0.4 | 5:37 | 8:00 | |
| 5 | Thu | 7:52 | 8.0 | 8:14 | 9.3 | 1:35 | 0.1 | 1:47 | 0.5 | 5:38 | 7:59 | |
| 6 | Fri | 8:58 | 8.0 | 9:17 | 9.4 | 2:40 | 0.0 | 2:50 | 0.5 | 5:39 | 7:58 | |
| 7 | Sat | 9:59 | 8.2 | 10:14 | 9.5 | 3:41 | -0.2 | 3:50 | 0.4 | 5:40 | 7:56 | |
| 8 | Sun | 10:54 | 8.4 | 11:07 | 9.5 | 4:36 | -0.4 | 4:45 | 0.3 | 5:41 | 7:55 | |
| 9 | Mon | 11:44 | 8.5 | 11:56 | 9.5 | 5:26 | -0.4 | 5:36 | 0.2 | 5:42 | 7:54 | |
| 10 | Tue | | | 12:30 | 8.7 | 6:12 | -0.4 | 6:23 | 0.1 | 5:43 | 7:52 | |
| 11 | Wed | 12:42 | 9.4 | 1:12 | 8.7 | 6:55 | -0.3 | 7:08 | 0.2 | 5:44 | 7:51 | |
| 12 | Thu | 1:25 | 9.1 | 1:52 | 8.6 | 7:35 | -0.1 | 7:51 | 0.3 | 5:45 | 7:49 | |
| 13 | Fri | 2:06 | 8.8 | 2:31 | 8.6 | 8:14 | 0.1 | 8:33 | 0.5 | 5:46 | 7:48 | |
| 14 | Sat | 2:47 | 8.5 | 3:10 | 8.4 | 8:53 | 0.4 | 9:17 | 0.7 | 5:47 | 7:47 | |
| 15 | Sun | 3:30 | 8.1 | 3:51 | 8.3 | 9:33 | 0.8 | 10:02 | 0.9 | 5:48 | 7:45 | |
| 16 | Mon | 4:15 | 7.8 | 4:35 | 8.2 | 10:15 | 1.1 | 10:51 | 1.1 | 5:50 | 7:44 | |
| 17 | Tue | 5:03 | 7.4 | 5:22 | 8.0 | 11:01 | 1.3 | 11:42 | 1.3 | 5:51 | 7:42 | |
| 18 | Wed | 5:55 | 7.2 | 6:13 | 8.0 | 11:50 | 1.5 | | | 5:52 | 7:40 | |
| 19 | Thu | 6:50 | 7.0 | 7:06 | 8.0 | 12:36 | 1.4 | 12:43 | 1.7 | 5:53 | 7:39 | |
| 20 | Fri | 7:48 | 7.0 | 8:02 | 8.1 | 1:33 | 1.3 | 1:38 | 1.6 | 5:54 | 7:37 | |
| 21 | Sat | 8:44 | 7.2 | 8:56 | 8.4 | 2:29 | 1.1 | 2:34 | 1.4 | 5:55 | 7:36 | |
| 22 | Sun | 9:36 | 7.5 | 9:47 | 8.8 | 3:21 | 0.7 | 3:26 | 1.1 | 5:56 | 7:34 | |
| 23 | Mon | 10:23 | 7.9 | 10:34 | 9.1 | 4:08 | 0.3 | 4:16 | 0.7 | 5:57 | 7:33 | |
| 24 | Tue | 11:08 | 8.4 | 11:21 | 9.4 | 4:52 | -0.1 | 5:03 | 0.2 | 5:58 | 7:31 | |
| 25 | Wed | 11:52 | 8.9 | | | 5:36 | -0.5 | 5:50 | -0.3 | 5:59 | 7:29 | |
| 26 | Thu | 12:07 | 9.7 | 12:36 | 9.3 | 6:19 | -0.7 | 6:38 | -0.6 | 6:01 | 7:28 | |
| 27 | Fri | 12:55 | 9.8 | 1:21 | 9.6 | 7:04 | -0.9 | 7:27 | -0.8 | 6:02 | 7:26 | |
| 28 | Sat | 1:43 | 9.7 | 2:08 | 9.8 | 7:50 | -0.9 | 8:17 | -0.9 | 6:03 | 7:24 | |
| 29 | Sun | 2:34 | 9.5 | 2:57 | 9.8 | 8:38 | -0.7 | 9:11 | -0.8 | 6:04 | 7:23 | |
| 30 | Mon | 3:28 | 9.1 | 3:51 | 9.7 | 9:30 | -0.4 | 10:08 | -0.5 | 6:05 | 7:21 | |
| 31 | Tue | 4:26 | 8.7 | 4:49 | 9.5 | 10:26 | 0.0 | 11:10 | -0.3 | 6:06 | 7:19 | |