

South Freeport, ME - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:16	9.2	5:02	7.7	10:46	0.6	10:57	1.3	6:17	5:28	
2	Mon	5:19	9.2	6:12	7.7	11:53	0.6			6:15	5:29	
3	Tue	6:29	9.4	7:24	8.0	12:04	1.3	1:04	0.3	6:13	5:30	
4	Wed	7:39	9.8	8:28	8.6	1:15	1.0	2:10	-0.2	6:12	5:32	
5	Thu	8:43	10.3	9:25	9.3	2:22	0.4	3:08	-0.7	6:10	5:33	
6	Fri	9:41	10.7	10:17	10.0	3:21	-0.3	4:00	-1.2	6:08	5:34	
7	Sat	10:35	11.0	11:06	10.5	4:17	-0.9	4:50	-1.5	6:07	5:36	
8	Sun	11:27	11.1	11:53	10.8	5:09	-1.3	5:37	-1.5	6:05	5:37	
9	Mon			12:17	10.8	6:00	-1.5	6:23	-1.3	6:03	5:38	
10	Tue	12:39	10.9	1:06	10.4	6:50	-1.4	7:08	-0.8	6:01	5:39	
11	Wed	1:24	10.7	1:56	9.8	7:40	-1.1	7:55	-0.2	5:59	5:41	
12	Thu	2:11	10.3	2:49	9.1	8:31	-0.6	8:44	0.5	5:58	5:42	
13	Fri	3:02	9.7	3:46	8.4	9:27	0.0	9:37	1.2	5:56	5:43	
14	Sat	3:57	9.2	4:46	7.9	10:26	0.6	10:36	1.7	5:54	5:44	
15	Sun	4:58	8.7	5:50	7.5	11:30	1.0	11:40	2.0	5:52	5:46	
16	Mon	6:02	8.4	6:55	7.4			12:37	1.2	5:51	5:47	
17	Tue	7:07	8.4	7:54	7.6	12:47	2.1	1:40	1.2	5:49	5:48	
18	Wed	8:06	8.5	8:45	7.9	1:50	1.9	2:33	1.0	5:47	5:49	
19	Thu	8:55	8.8	9:28	8.3	2:42	1.5	3:17	0.8	5:45	5:50	
20	Fri	9:39	9.0	10:06	8.7	3:26	1.2	3:54	0.5	5:43	5:52	
21	Sat	10:18	9.2	10:41	9.0	4:05	0.8	4:28	0.4	5:41	5:53	
22	Sun	10:55	9.3	11:13	9.3	4:42	0.5	4:59	0.3	5:40	5:54	
23	Mon	11:31	9.3	11:44	9.5	5:16	0.2	5:30	0.3	5:38	5:55	
24	Tue			12:06	9.2	5:51	0.0	6:02	0.4	5:36	5:57	
25	Wed	12:15	9.7	12:41	9.1	6:26	-0.1	6:36	0.5	5:34	5:58	
26	Thu	12:48	9.8	1:18	8.9	7:04	-0.2	7:13	0.6	5:32	5:59	
27	Fri	1:24	9.8	2:00	8.6	7:46	-0.1	7:55	0.8	5:31	6:00	
28	Sat	2:07	9.7	2:48	8.3	8:33	0.1	8:43	1.1	5:29	6:01	
29	Sun	2:58	9.6	3:45	8.1	9:28	0.3	9:39	1.3	5:27	6:03	
30	Mon	3:57	9.4	4:49	8.0	10:29	0.4	10:42	1.4	5:25	6:04	
31	Tue	5:03	9.3	5:59	8.1	11:36	0.5	11:52	1.3	5:23	6:05	