

South Freeport, ME - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:34	10.2	4:04	10.4	9:43	-0.6	10:16	-0.3	5:29	8:03	
2	Mon	4:31	9.8	5:00	10.4	10:37	-0.3	11:16	-0.2	5:30	8:02	
3	Tue	5:32	9.4	5:59	10.3	11:34	0.1			5:31	8:01	
4	Wed	6:36	9.0	7:01	10.2	12:19	0.0	12:35	0.4	5:32	8:00	
5	Thu	7:44	8.9	8:06	10.2	1:26	0.0	1:40	0.5	5:33	7:58	
6	Fri	8:51	8.9	9:09	10.3	2:34	-0.1	2:45	0.5	5:34	7:57	
7	Sat	9:51	9.1	10:07	10.5	3:36	-0.3	3:46	0.4	5:35	7:56	
8	Sun	10:46	9.3	11:00	10.5	4:31	-0.4	4:40	0.3	5:37	7:54	
9	Mon	11:36	9.4	11:49	10.5	5:21	-0.6	5:31	0.2	5:38	7:53	
10	Tue			12:23	9.6	6:08	-0.6	6:19	0.1	5:39	7:51	
11	Wed	12:35	10.4	1:06	9.6	6:50	-0.4	7:03	0.2	5:40	7:50	
12	Thu	1:18	10.1	1:46	9.6	7:30	-0.2	7:46	0.3	5:41	7:49	
13	Fri	1:59	9.8	2:25	9.5	8:08	0.1	8:27	0.5	5:42	7:47	
14	Sat	2:40	9.4	3:04	9.3	8:46	0.4	9:10	0.7	5:43	7:46	
15	Sun	3:23	9.0	3:45	9.2	9:26	0.8	9:55	1.0	5:44	7:44	
16	Mon	4:08	8.6	4:29	9.0	10:08	1.1	10:42	1.2	5:46	7:43	
17	Tue	4:57	8.2	5:17	8.8	10:53	1.4	11:33	1.4	5:47	7:41	
18	Wed	5:49	7.9	6:07	8.7	11:41	1.7			5:48	7:39	
19	Thu	6:44	7.7	7:01	8.8	12:27	1.5	12:34	1.8	5:49	7:38	
20	Fri	7:42	7.7	7:57	8.9	1:25	1.4	1:30	1.8	5:50	7:36	
21	Sat	8:38	7.9	8:51	9.3	2:22	1.2	2:26	1.5	5:51	7:35	
22	Sun	9:29	8.3	9:40	9.7	3:14	0.8	3:19	1.2	5:52	7:33	
23	Mon	10:16	8.8	10:27	10.1	4:01	0.3	4:07	0.7	5:54	7:31	
24	Tue	11:00	9.3	11:13	10.5	4:45	-0.2	4:55	0.1	5:55	7:30	
25	Wed	11:44	9.8			5:28	-0.6	5:42	-0.4	5:56	7:28	
26	Thu	12:00	10.8	12:28	10.3	6:12	-0.9	6:30	-0.8	5:57	7:26	
27	Fri	12:47	10.9	1:13	10.7	6:56	-1.1	7:18	-1.0	5:58	7:25	
28	Sat	1:35	10.9	1:59	10.9	7:42	-1.1	8:09	-1.1	5:59	7:23	
29	Sun	2:25	10.6	2:48	10.9	8:30	-0.9	9:02	-1.0	6:00	7:21	
30	Mon	3:18	10.2	3:42	10.8	9:22	-0.6	9:59	-0.7	6:01	7:19	
31	Tue	4:17	9.8	4:40	10.5	10:18	-0.2	11:01	-0.4	6:03	7:18	