

South Freeport, ME - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:20	9.3	5:43	10.2	11:18	0.3			6:04	7:16	
2	Thu	6:27	9.0	6:49	10.0	12:06	-0.1	12:23	0.6	6:05	7:14	
3	Fri	7:35	8.8	7:56	9.9	1:15	0.1	1:31	0.8	6:06	7:12	
4	Sat	8:40	8.9	9:00	9.9	2:23	0.1	2:38	0.7	6:07	7:10	
5	Sun	9:39	9.1	9:56	10.0	3:23	0.0	3:38	0.5	6:08	7:09	
6	Mon	10:30	9.3	10:47	10.1	4:16	-0.1	4:30	0.3	6:09	7:07	
7	Tue	11:17	9.5	11:33	10.1	5:03	-0.2	5:18	0.2	6:10	7:05	
8	Wed	11:59	9.6			5:45	-0.1	6:01	0.1	6:12	7:03	
9	Thu	12:16	9.9	12:38	9.7	6:24	0.0	6:42	0.1	6:13	7:01	
10	Fri	12:56	9.7	1:14	9.6	7:00	0.2	7:20	0.2	6:14	7:00	
11	Sat	1:34	9.5	1:50	9.5	7:35	0.4	7:57	0.4	6:15	6:58	
12	Sun	2:12	9.2	2:25	9.4	8:10	0.7	8:36	0.6	6:16	6:56	
13	Mon	2:50	8.8	3:03	9.2	8:47	1.0	9:16	0.8	6:17	6:54	
14	Tue	3:32	8.5	3:44	9.0	9:27	1.3	10:01	1.0	6:18	6:52	
15	Wed	4:18	8.2	4:30	8.8	10:11	1.6	10:50	1.2	6:20	6:50	
16	Thu	5:08	7.9	5:21	8.7	11:00	1.7	11:42	1.3	6:21	6:49	
17	Fri	6:02	7.8	6:16	8.7	11:53	1.8			6:22	6:47	
18	Sat	6:58	7.9	7:13	8.9	12:38	1.3	12:49	1.7	6:23	6:45	
19	Sun	7:56	8.2	8:11	9.2	1:35	1.1	1:48	1.4	6:24	6:43	
20	Mon	8:49	8.6	9:06	9.7	2:31	0.7	2:46	0.9	6:25	6:41	
21	Tue	9:38	9.3	9:57	10.1	3:22	0.2	3:38	0.3	6:26	6:39	
22	Wed	10:25	9.9	10:46	10.6	4:09	-0.3	4:28	-0.4	6:27	6:38	
23	Thu	11:11	10.5	11:35	10.8	4:55	-0.8	5:18	-1.0	6:29	6:36	
24	Fri	11:57	11.1			5:42	-1.1	6:08	-1.4	6:30	6:34	
25	Sat	12:25	11.0	12:45	11.4	6:29	-1.2	6:58	-1.6	6:31	6:32	
26	Sun	1:16	10.9	1:34	11.5	7:18	-1.1	7:50	-1.6	6:32	6:30	
27	Mon	2:08	10.6	2:26	11.3	8:08	-0.9	8:44	-1.4	6:33	6:28	
28	Tue	3:03	10.2	3:21	11.0	9:02	-0.4	9:42	-0.9	6:34	6:26	
29	Wed	4:03	9.7	4:22	10.5	10:01	0.0	10:45	-0.5	6:36	6:25	
30	Thu	5:08	9.3	5:27	10.1	11:04	0.5	11:51	-0.1	6:37	6:23	