

South Freeport, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:42	9.0	1:48	9.9	7:36	0.5	8:07	-0.4	7:14	4:13	
2	Tue	2:25	9.2	2:37	9.6	8:25	0.4	8:53	-0.3	7:14	4:14	
3	Wed	3:12	9.4	3:30	9.3	9:19	0.3	9:42	-0.1	7:14	4:15	
4	Thu	4:04	9.6	4:29	8.9	10:17	0.3	10:36	0.2	7:14	4:16	
5	Fri	4:59	9.7	5:33	8.6	11:19	0.2	11:34	0.4	7:14	4:17	
6	Sat	5:59	9.8	6:41	8.5			12:25	0.0	7:14	4:18	
7	Sun	7:02	10.0	7:50	8.5	12:37	0.6	1:33	-0.2	7:14	4:19	
8	Mon	8:05	10.3	8:53	8.7	1:41	0.6	2:36	-0.6	7:13	4:20	
9	Tue	9:04	10.5	9:51	9.0	2:43	0.4	3:34	-0.9	7:13	4:21	
10	Wed	10:01	10.7	10:45	9.2	3:40	0.2	4:29	-1.1	7:13	4:22	
11	Thu	10:54	10.8	11:36	9.3	4:34	0.0	5:20	-1.2	7:13	4:23	
12	Fri	11:45	10.7			5:26	0.0	6:07	-1.1	7:12	4:24	
13	Sat	12:23	9.4	12:32	10.5	6:15	0.0	6:52	-0.9	7:12	4:26	
14	Sun	1:09	9.3	1:19	10.0	7:03	0.2	7:36	-0.5	7:11	4:27	
15	Mon	1:53	9.2	2:05	9.5	7:51	0.4	8:19	0.0	7:11	4:28	
16	Tue	2:38	9.1	2:53	8.9	8:40	0.7	9:02	0.5	7:10	4:29	
17	Wed	3:23	8.9	3:44	8.3	9:31	1.0	9:47	1.0	7:10	4:30	
18	Thu	4:10	8.7	4:37	7.9	10:24	1.2	10:35	1.4	7:09	4:32	
19	Fri	4:59	8.5	5:34	7.5	11:20	1.4	11:26	1.8	7:08	4:33	
20	Sat	5:52	8.4	6:34	7.3			12:20	1.4	7:08	4:34	
21	Sun	6:47	8.4	7:34	7.3	12:22	2.0	1:21	1.3	7:07	4:36	
22	Mon	7:43	8.6	8:29	7.5	1:20	2.0	2:16	1.0	7:06	4:37	
23	Tue	8:33	8.9	9:17	7.7	2:13	1.8	3:04	0.7	7:05	4:38	
24	Wed	9:19	9.3	10:00	8.1	3:00	1.5	3:46	0.3	7:05	4:39	
25	Thu	10:02	9.6	10:41	8.4	3:43	1.1	4:26	-0.1	7:04	4:41	
26	Fri	10:43	10.0	11:20	8.8	4:25	0.7	5:04	-0.4	7:03	4:42	
27	Sat	11:23	10.2	11:57	9.2	5:06	0.4	5:41	-0.7	7:02	4:44	
28	Sun			12:04	10.3	5:48	0.0	6:19	-0.9	7:01	4:45	
29	Mon	12:35	9.5	12:46	10.3	6:32	-0.3	6:59	-0.9	7:00	4:46	
30	Tue	1:15	9.8	1:30	10.1	7:17	-0.4	7:41	-0.8	6:59	4:48	
31	Wed	1:58	10.0	2:18	9.8	8:06	-0.5	8:27	-0.5	6:58	4:49	