






























South Freeport, ME - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:27	8.0	5:47	8.8	11:23	1.6			5:29	8:03	
2	Sat	6:21	7.7	6:37	8.7	12:08	1.5	12:11	1.9	5:30	8:02	
3	Sun	7:19	7.4	7:31	8.6	1:05	1.6	1:05	2.2	5:31	8:01	
4	Mon	8:19	7.4	8:27	8.7	2:05	1.6	2:02	2.2	5:32	8:00	
5	Tue	9:15	7.5	9:19	9.0	3:02	1.4	2:57	2.1	5:34	7:58	
6	Wed	10:05	7.7	10:07	9.3	3:52	1.1	3:46	1.8	5:35	7:57	
7	Thu	10:50	8.0	10:52	9.7	4:36	0.7	4:32	1.5	5:36	7:56	
8	Fri	11:32	8.4	11:35	10.1	5:18	0.3	5:15	1.1	5:37	7:54	
9	Sat			12:13	8.8	5:57	-0.1	5:59	0.7	5:38	7:53	
10	Sun	12:17	10.3	12:52	9.2	6:36	-0.4	6:43	0.3	5:39	7:51	
11	Mon	1:00	10.5	1:32	9.7	7:15	-0.6	7:28	0.0	5:40	7:50	
12	Tue	1:43	10.4	2:13	10.0	7:56	-0.7	8:15	-0.2	5:41	7:48	
13	Wed	2:29	10.3	2:56	10.2	8:39	-0.6	9:05	-0.3	5:43	7:47	
14	Thu	3:18	9.9	3:44	10.3	9:25	-0.3	9:59	-0.2	5:44	7:45	
15	Fri	4:13	9.5	4:36	10.3	10:15	0.1	10:57	-0.1	5:45	7:44	
16	Sat	5:12	9.0	5:33	10.1	11:10	0.5	11:59	0.1	5:46	7:42	
17	Sun	6:16	8.6	6:36	10.0			12:10	0.8	5:47	7:41	
18	Mon	7:25	8.4	7:43	9.9	1:07	0.2	1:16	1.1	5:48	7:39	
19	Tue	8:35	8.4	8:50	10.0	2:17	0.2	2:25	1.1	5:49	7:38	
20	Wed	9:39	8.5	9:52	10.2	3:23	0.1	3:29	0.9	5:50	7:36	
21	Thu	10:35	8.8	10:47	10.3	4:21	-0.2	4:27	0.7	5:52	7:34	
22	Fri	11:26	9.1	11:38	10.4	5:12	-0.3	5:19	0.5	5:53	7:33	
23	Sat			12:13	9.3	5:59	-0.4	6:07	0.3	5:54	7:31	
24	Sun	12:24	10.3	12:55	9.4	6:41	-0.3	6:52	0.3	5:55	7:29	
25	Mon	1:08	10.0	1:34	9.5	7:20	-0.1	7:35	0.4	5:56	7:28	
26	Tue	1:49	9.7	2:12	9.4	7:57	0.2	8:16	0.5	5:57	7:26	
27	Wed	2:30	9.2	2:49	9.3	8:33	0.6	8:58	0.7	5:58	7:24	
28	Thu	3:11	8.8	3:27	9.1	9:11	1.0	9:42	1.0	5:59	7:23	
29	Fri	3:56	8.3	4:10	8.9	9:51	1.5	10:29	1.3	6:01	7:21	
30	Sat	4:45	7.9	4:56	8.7	10:36	1.8	11:20	1.5	6:02	7:19	
31	Sun	5:38	7.5	5:48	8.5	11:25	2.1			6:03	7:17	