

































## South Freeport, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:23	10.1	10:01	9.2	3:02	0.4	3:45	-0.6	6:16	5:28	
2	Mon	10:16	10.3	10:48	9.6	3:57	0.0	4:33	-0.8	6:14	5:30	
3	Tue	11:04	10.3	11:32	9.8	4:47	-0.3	5:17	-0.8	6:13	5:31	
4	Wed	11:49	10.2			5:34	-0.5	5:58	-0.6	6:11	5:32	
5	Thu	12:12	9.9	12:32	9.9	6:17	-0.5	6:36	-0.3	6:09	5:33	
6	Fri	12:50	9.8	1:13	9.4	6:59	-0.3	7:13	0.1	6:07	5:35	
7	Sat	1:27	9.7	1:55	8.9	7:40	-0.1	7:51	0.6	6:06	5:36	
8	Sun	3:06	9.4	3:39	8.4	9:23	0.3	9:32	1.1	7:04	6:37	
9	Mon	3:47	9.0	4:27	7.9	10:09	0.7	10:16	1.6	7:02	6:39	
10	Tue	4:34	8.6	5:19	7.5	11:00	1.1	11:06	2.0	7:00	6:40	
11	Wed	5:27	8.3	6:17	7.2	11:56	1.4			6:59	6:41	
12	Thu	6:25	8.2	7:20	7.1	12:02	2.2	12:58	1.6	6:57	6:42	
13	Fri	7:28	8.2	8:21	7.3	1:03	2.3	2:02	1.5	6:55	6:44	
14	Sat	8:29	8.4	9:15	7.6	2:07	2.1	2:58	1.2	6:53	6:45	
15	Sun	9:22	8.8	10:00	8.1	3:03	1.7	3:45	0.8	6:51	6:46	
16	Mon	10:09	9.2	10:40	8.7	3:51	1.2	4:25	0.3	6:50	6:47	
17	Tue	10:52	9.6	11:18	9.3	4:35	0.6	5:03	-0.1	6:48	6:48	
18	Wed	11:33	9.9	11:56	9.9	5:17	0.0	5:41	-0.4	6:46	6:50	
19	Thu			12:15	10.1	6:00	-0.6	6:19	-0.6	6:44	6:51	
20	Fri	12:34	10.3	12:58	10.1	6:43	-1.0	6:59	-0.7	6:42	6:52	
21	Sat	1:14	10.6	1:43	10.0	7:28	-1.2	7:42	-0.5	6:41	6:53	
22	Sun	1:56	10.8	2:30	9.7	8:15	-1.2	8:28	-0.2	6:39	6:55	
23	Mon	2:42	10.6	3:22	9.3	9:05	-1.0	9:18	0.2	6:37	6:56	
24	Tue	3:34	10.3	4:21	8.8	10:02	-0.6	10:15	0.6	6:35	6:57	
25	Wed	4:34	9.9	5:27	8.4	11:05	-0.1	11:18	1.0	6:33	6:58	
26	Thu	5:42	9.6	6:38	8.2			12:14	0.2	6:32	6:59	
27	Fri	6:55	9.3	7:50	8.3	12:29	1.3	1:27	0.4	6:30	7:01	
28	Sat	8:08	9.3	8:57	8.6	1:44	1.2	2:37	0.3	6:28	7:02	
29	Sun	9:14	9.5	9:53	9.0	2:55	0.9	3:36	0.0	6:26	7:03	
30	Mon	10:11	9.7	10:42	9.5	3:55	0.4	4:26	-0.1	6:24	7:04	
31	Tue	11:02	9.8	11:26	9.8	4:46	0.0	5:11	-0.2	6:23	7:05	