

Southwest Harbor, ME - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:01	11.3	3:30	11.6	8:49	-0.5	9:22	-0.2	5:20	7:58	
2	Mon	3:57	10.9	4:25	11.6	9:43	-0.1	10:22	-0.1	5:22	7:56	
3	Tue	4:58	10.5	5:25	11.4	10:42	0.2	11:26	0.0	5:23	7:55	
4	Wed	6:03	10.1	6:29	11.3	11:44	0.5			5:24	7:54	
5	Thu	7:10	10.0	7:33	11.3	12:32	0.0	12:50	0.6	5:25	7:52	
6	Fri	8:15	10.0	8:35	11.4	1:37	-0.1	1:53	0.6	5:26	7:51	
7	Sat	9:15	10.2	9:33	11.6	2:38	-0.3	2:53	0.4	5:27	7:50	
8	Sun	10:10	10.5	10:26	11.7	3:33	-0.5	3:48	0.3	5:28	7:48	
9	Mon	11:00	10.7	11:15	11.7	4:24	-0.6	4:39	0.1	5:29	7:47	
10	Tue	11:46	10.8			5:11	-0.6	5:26	0.1	5:31	7:45	
11	Wed	12:00	11.6	12:29	10.8	5:54	-0.4	6:11	0.2	5:32	7:44	
12	Thu	12:44	11.3	1:10	10.8	6:35	-0.2	6:53	0.4	5:33	7:42	
13	Fri	1:26	11.0	1:50	10.6	7:15	0.1	7:36	0.6	5:34	7:41	
14	Sat	2:07	10.5	2:30	10.5	7:54	0.5	8:18	0.9	5:35	7:39	
15	Sun	2:49	10.1	3:11	10.2	8:34	0.9	9:02	1.1	5:36	7:38	
16	Mon	3:34	9.6	3:55	10.0	9:16	1.3	9:49	1.3	5:38	7:36	
17	Tue	4:21	9.2	4:42	9.8	10:01	1.6	10:39	1.5	5:39	7:35	
18	Wed	5:12	8.9	5:33	9.7	10:51	1.8	11:33	1.6	5:40	7:33	
19	Thu	6:08	8.7	6:27	9.7	11:44	2.0			5:41	7:32	
20	Fri	7:05	8.7	7:22	9.9	12:29	1.5	12:40	1.9	5:42	7:30	
21	Sat	8:00	9.0	8:15	10.2	1:24	1.2	1:34	1.7	5:43	7:28	
22	Sun	8:51	9.4	9:05	10.7	2:16	0.8	2:26	1.3	5:44	7:27	
23	Mon	9:39	9.9	9:53	11.2	3:04	0.3	3:15	0.8	5:46	7:25	
24	Tue	10:24	10.5	10:39	11.7	3:49	-0.2	4:02	0.2	5:47	7:23	
25	Wed	11:08	11.1	11:25	12.0	4:33	-0.6	4:49	-0.3	5:48	7:21	
26	Thu	11:52	11.6			5:17	-0.9	5:36	-0.7	5:49	7:20	
27	Fri	12:12	12.2	12:38	12.0	6:02	-1.1	6:24	-0.9	5:50	7:18	
28	Sat	1:00	12.1	1:25	12.2	6:48	-1.0	7:15	-1.0	5:51	7:16	
29	Sun	1:51	11.9	2:15	12.2	7:37	-0.8	8:08	-0.9	5:53	7:15	
30	Mon	2:44	11.4	3:09	12.0	8:29	-0.5	9:06	-0.6	5:54	7:13	
31	Tue	3:42	10.9	4:07	11.7	9:26	0.0	10:07	-0.3	5:55	7:11	