
































## Southwest Harbor, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:05	10.2	1:16	11.0	6:41	0.7	7:11	-0.3	7:08	4:04	
2	Tue	1:49	10.4	2:04	10.8	7:29	0.6	7:56	-0.1	7:08	4:05	
3	Wed	2:37	10.5	2:57	10.4	8:23	0.5	8:46	0.1	7:08	4:06	
4	Thu	3:29	10.6	3:55	10.0	9:21	0.4	9:41	0.4	7:08	4:07	
5	Fri	4:26	10.7	5:00	9.7	10:24	0.3	10:41	0.6	7:08	4:08	
6	Sat	5:27	10.9	6:07	9.6	11:31	0.1	11:45	0.7	7:08	4:09	
7	Sun	6:30	11.1	7:15	9.6			12:37	-0.2	7:08	4:10	
8	Mon	7:33	11.3	8:18	9.9	12:50	0.7	1:40	-0.5	7:08	4:11	
9	Tue	8:33	11.6	9:16	10.2	1:51	0.5	2:38	-0.8	7:08	4:12	
10	Wed	9:29	11.9	10:09	10.4	2:49	0.3	3:32	-1.1	7:07	4:13	
11	Thu	10:21	12.0	10:59	10.6	3:44	0.1	4:23	-1.1	7:07	4:15	
12	Fri	11:11	11.9	11:47	10.6	4:35	0.0	5:11	-1.0	7:06	4:16	
13	Sat			12:00	11.7	5:24	0.1	5:57	-0.8	7:06	4:17	
14	Sun	12:33	10.6	12:46	11.2	6:12	0.2	6:42	-0.4	7:06	4:18	
15	Mon	1:18	10.4	1:33	10.7	7:00	0.5	7:26	0.1	7:05	4:19	
16	Tue	2:03	10.2	2:20	10.1	7:48	0.8	8:10	0.6	7:05	4:21	
17	Wed	2:49	9.9	3:09	9.4	8:37	1.1	8:56	1.1	7:04	4:22	
18	Thu	3:36	9.7	4:02	8.9	9:29	1.3	9:44	1.6	7:03	4:23	
19	Fri	4:26	9.5	4:59	8.5	10:24	1.5	10:36	1.9	7:03	4:24	
20	Sat	5:19	9.3	5:58	8.3	11:22	1.5	11:31	2.1	7:02	4:26	
21	Sun	6:14	9.4	6:56	8.3			12:19	1.4	7:01	4:27	
22	Mon	7:08	9.5	7:49	8.5	12:27	2.1	1:13	1.1	7:00	4:28	
23	Tue	7:58	9.9	8:38	8.8	1:19	1.9	2:02	0.8	7:00	4:30	
24	Wed	8:44	10.3	9:21	9.2	2:07	1.6	2:46	0.4	6:59	4:31	
25	Thu	9:27	10.7	10:01	9.6	2:51	1.2	3:27	0.0	6:58	4:32	
26	Fri	10:08	11.1	10:40	10.0	3:32	0.8	4:06	-0.3	6:57	4:34	
27	Sat	10:48	11.4	11:19	10.4	4:13	0.5	4:45	-0.6	6:56	4:35	
28	Sun	11:29	11.6	11:58	10.8	4:54	0.2	5:24	-0.8	6:55	4:37	
29	Mon			12:12	11.6	5:37	-0.1	6:04	-0.8	6:54	4:38	
30	Tue	12:40	11.0	12:57	11.4	6:22	-0.3	6:46	-0.7	6:53	4:39	
31	Wed	1:24	11.2	1:45	11.0	7:11	-0.3	7:32	-0.4	6:52	4:41	