


































Southwest Harbor, ME - Jul 2025

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 3:49 | 10.3 | 4:25 | 10.0 | 9:44 | 0.6 | 10:10 | 1.4 | 4:53 | 8:20 |  |
| 2 | Wed | 4:42 | 9.8 | 5:15 | 9.9 | 10:33 | 1.1 | 11:05 | 1.5 | 4:54 | 8:20 |  |
| 3 | Thu | 5:37 | 9.3 | 6:05 | 9.8 | 11:22 | 1.5 | | | 4:54 | 8:20 |  |
| 4 | Fri | 6:34 | 8.9 | 6:56 | 9.8 | 12:01 | 1.6 | 12:13 | 1.8 | 4:55 | 8:20 |  |
| 5 | Sat | 7:30 | 8.7 | 7:46 | 9.8 | 12:55 | 1.5 | 1:04 | 2.0 | 4:56 | 8:19 |  |
| 6 | Sun | 8:24 | 8.7 | 8:34 | 10.0 | 1:48 | 1.4 | 1:54 | 2.1 | 4:56 | 8:19 |  |
| 7 | Mon | 9:14 | 8.8 | 9:20 | 10.2 | 2:38 | 1.1 | 2:42 | 2.1 | 4:57 | 8:19 |  |
| 8 | Tue | 10:01 | 8.9 | 10:04 | 10.4 | 3:25 | 0.9 | 3:28 | 1.9 | 4:58 | 8:18 |  |
| 9 | Wed | 10:44 | 9.1 | 10:46 | 10.6 | 4:08 | 0.7 | 4:11 | 1.8 | 4:58 | 8:18 |  |
| 10 | Thu | 11:25 | 9.4 | 11:26 | 10.9 | 4:49 | 0.4 | 4:52 | 1.6 | 4:59 | 8:17 |  |
| 11 | Fri | | | 12:04 | 9.6 | 5:29 | 0.2 | 5:32 | 1.4 | 5:00 | 8:17 |  |
| 12 | Sat | 12:07 | 11.1 | 12:43 | 9.8 | 6:08 | 0.0 | 6:13 | 1.2 | 5:01 | 8:16 |  |
| 13 | Sun | 12:48 | 11.2 | 1:23 | 10.1 | 6:47 | -0.1 | 6:56 | 1.0 | 5:02 | 8:16 |  |
| 14 | Mon | 1:30 | 11.3 | 2:05 | 10.4 | 7:28 | -0.2 | 7:42 | 0.8 | 5:03 | 8:15 |  |
| 15 | Tue | 2:15 | 11.2 | 2:49 | 10.7 | 8:10 | -0.2 | 8:30 | 0.6 | 5:03 | 8:14 |  |
| 16 | Wed | 3:04 | 11.0 | 3:36 | 10.9 | 8:56 | -0.1 | 9:23 | 0.5 | 5:04 | 8:13 |  |
| 17 | Thu | 3:56 | 10.6 | 4:27 | 11.1 | 9:44 | 0.1 | 10:20 | 0.4 | 5:05 | 8:13 |  |
| 18 | Fri | 4:53 | 10.3 | 5:22 | 11.2 | 10:37 | 0.4 | 11:21 | 0.3 | 5:06 | 8:12 |  |
| 19 | Sat | 5:55 | 9.9 | 6:21 | 11.2 | 11:35 | 0.7 | | | 5:07 | 8:11 |  |
| 20 | Sun | 7:01 | 9.7 | 7:22 | 11.3 | 12:25 | 0.2 | 12:37 | 0.9 | 5:08 | 8:10 |  |
| 21 | Mon | 8:07 | 9.7 | 8:24 | 11.5 | 1:29 | 0.0 | 1:40 | 0.9 | 5:09 | 8:09 |  |
| 22 | Tue | 9:10 | 9.8 | 9:25 | 11.7 | 2:32 | -0.3 | 2:43 | 0.8 | 5:10 | 8:08 |  |
| 23 | Wed | 10:09 | 10.1 | 10:22 | 11.8 | 3:32 | -0.5 | 3:42 | 0.7 | 5:11 | 8:07 |  |
| 24 | Thu | 11:04 | 10.3 | 11:15 | 11.9 | 4:27 | -0.7 | 4:37 | 0.5 | 5:12 | 8:06 |  |
| 25 | Fri | 11:54 | 10.5 | | | 5:18 | -0.7 | 5:29 | 0.5 | 5:13 | 8:05 |  |
| 26 | Sat | 12:06 | 11.8 | 12:42 | 10.5 | 6:07 | -0.6 | 6:19 | 0.5 | 5:14 | 8:04 |  |
| 27 | Sun | 12:54 | 11.6 | 1:28 | 10.5 | 6:52 | -0.4 | 7:07 | 0.6 | 5:15 | 8:03 |  |
| 28 | Mon | 1:41 | 11.2 | 2:13 | 10.4 | 7:37 | 0.0 | 7:54 | 0.8 | 5:16 | 8:02 |  |
| 29 | Tue | 2:27 | 10.7 | 2:57 | 10.3 | 8:20 | 0.4 | 8:42 | 1.0 | 5:17 | 8:01 |  |
| 30 | Wed | 3:14 | 10.1 | 3:41 | 10.1 | 9:02 | 0.9 | 9:30 | 1.3 | 5:19 | 8:00 |  |
| 31 | Thu | 4:01 | 9.6 | 4:26 | 9.9 | 9:46 | 1.3 | 10:20 | 1.5 | 5:20 | 7:59 |  |