US HARBORS www.USHarbors.com

Southwest Harbor, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:07	11.7	8:51	10.2	1:24	0.5	2:13	-0.9	7:08	4:05	
2	Fri	9:04	12.1	9:47	10.5	2:24	0.2	3:10	-1.2	7:08	4:05	
3	Sat	10:00	12.3	10:41	10.7	3:21	0.0	4:04	-1.4	7:08	4:06	
4	Sun	10:54	12.4	11:34	10.8	4:16	-0.2	4:57	-1.5	7:08	4:07	
5	Mon	11:47	12.2			5:09	-0.2	5:48	-1.3	7:08	4:08	
6	Tue	12:25	10.8	12:39	11.8	6:03	-0.1	6:38	-0.9	7:08	4:09	
7	Wed	1:16	10.7	1:31	11.3	6:56	0.2	7:28	-0.5	7:08	4:10	
8	Thu	2:06	10.5	2:24	10.6	7:49	0.5	8:17	0.1	7:08	4:11	
9	Fri	2:57	10.2	3:18	9.9	8:44	0.8	9:08	0.7	7:07	4:13	
10	Sat	3:49	10.0	4:15	9.3	9:41	1.1	10:00	1.2	7:07	4:14	
11	Sun	4:42	9.8	5:14	8.8	10:39	1.2	10:54	1.6	7:07	4:15	
12	Mon	5:36	9.6	6:13	8.6	11:37	1.3	11:49	1.8	7:06	4:16	
13	Tue	6:30	9.6	7:11	8.5			12:34	1.2	7:06	4:17	
14	Wed	7:23	9.7	8:03	8.6	12:43	1.9	1:26	1.0	7:05	4:18	
15	Thu	8:11	9.9	8:50	8.8	1:33	1.8	2:14	0.7	7:05	4:20	
16	Fri	8:56	10.2	9:33	9.1	2:20	1.6	2:58	0.5	7:04	4:21	
17	Sat	9:37	10.5	10:12	9.3	3:02	1.4	3:38	0.3	7:04	4:22	
18	Sun	10:16	10.7	10:49	9.5	3:41	1.2	4:15	0.0	7:03	4:23	
19	Mon	10:53	10.9	11:24	9.8	4:19	1.0	4:51	-0.1	7:02	4:25	
20	Tue	11:30	11.0			4:56	0.8	5:26	-0.2	7:02	4:26	
21	Wed	12:00	10.0	12:08	11.0	5:34	0.7	6:02	-0.3	7:01	4:27	
22	Thu	12:37	10.3	12:48	10.9	6:14	0.5	6:40	-0.2	7:00	4:29	
23	Fri	1:16	10.5	1:31	10.7	6:57	0.4	7:21	-0.1	6:59	4:30	
24	Sat	1:59	10.6	2:19	10.3	7:45	0.3	8:05	0.2	6:58	4:31	
25	Sun	2:46	10.7	3:13	9.9	8:38	0.3	8:56	0.5	6:58	4:33	
26	Mon	3:39	10.7	4:13	9.5	9:38	0.4	9:53	0.8	6:57	4:34	
27	Tue	4:39	10.6	5:21	9.2	10:43	0.3	10:57	1.0	6:56	4:35	
28	Wed	5:44	10.7	6:31	9.2	11:52	0.2			6:55	4:37	
29	Thu	6:51	10.9	7:39	9.4	12:06	1.0	1:00	-0.1	6:54	4:38	
30	Fri	7:56	11.2	8:42	9.8	1:13	0.8	2:03	-0.5	6:53	4:40	
31	Sat	8:57	11.6	9:38	10.3	2:16	0.4	3:01	-0.9	6:51	4:41	