
















Southwest Harbor, ME - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:34	10.2	11:41	11.0	4:59	-0.2	5:09	0.8	5:23	7:37	
2	Sat			12:13	10.0	5:38	-0.1	5:46	1.1	5:22	7:38	
3	Sun	12:17	10.9	12:51	9.8	6:15	0.0	6:22	1.3	5:20	7:39	
4	Mon	12:53	10.7	1:29	9.6	6:53	0.3	6:59	1.6	5:19	7:40	
5	Tue	1:30	10.5	2:07	9.3	7:31	0.5	7:37	1.8	5:18	7:41	
6	Wed	2:09	10.2	2:48	9.1	8:10	0.8	8:19	2.0	5:16	7:42	
7	Thu	2:52	10.0	3:32	8.9	8:53	1.0	9:04	2.2	5:15	7:44	
8	Fri	3:38	9.7	4:20	8.8	9:39	1.2	9:53	2.2	5:14	7:45	
9	Sat	4:28	9.6	5:11	8.9	10:29	1.2	10:47	2.1	5:12	7:46	
10	Sun	5:22	9.5	6:03	9.2	11:20	1.2	11:44	1.9	5:11	7:47	
11	Mon	6:19	9.5	6:56	9.6			12:12	1.1	5:10	7:48	
12	Tue	7:16	9.7	7:47	10.2	12:41	1.4	1:04	0.8	5:09	7:49	
13	Wed	8:12	10.0	8:36	10.9	1:36	0.8	1:55	0.6	5:08	7:51	
14	Thu	9:06	10.4	9:24	11.5	2:30	0.1	2:44	0.3	5:07	7:52	
15	Fri	9:58	10.7	10:13	12.1	3:21	-0.6	3:34	0.1	5:05	7:53	
16	Sat	10:50	11.0	11:02	12.5	4:12	-1.1	4:24	0.0	5:04	7:54	
17	Sun	11:42	11.1	11:53	12.7	5:04	-1.5	5:15	-0.1	5:03	7:55	
18	Mon			12:35	11.1	5:56	-1.6	6:08	0.0	5:02	7:56	
19	Tue	12:46	12.6	1:30	10.9	6:50	-1.4	7:04	0.2	5:01	7:57	
20	Wed	1:41	12.3	2:27	10.7	7:47	-1.1	8:03	0.5	5:00	7:58	
21	Thu	2:40	11.8	3:27	10.4	8:46	-0.7	9:05	0.8	4:59	7:59	
22	Fri	3:42	11.3	4:29	10.3	9:46	-0.3	10:10	1.0	4:59	8:00	
23	Sat	4:47	10.8	5:32	10.2	10:48	0.1	11:16	1.0	4:58	8:01	
24	Sun	5:53	10.3	6:33	10.2	11:48	0.4			4:57	8:02	
25	Mon	6:57	10.0	7:30	10.4	12:21	1.0	12:47	0.7	4:56	8:03	
26	Tue	7:58	9.9	8:23	10.5	1:22	0.8	1:41	0.8	4:55	8:04	
27	Wed	8:54	9.8	9:11	10.7	2:18	0.5	2:32	1.0	4:55	8:05	
28	Thu	9:44	9.7	9:55	10.8	3:08	0.3	3:18	1.1	4:54	8:06	
29	Fri	10:30	9.7	10:36	10.8	3:54	0.2	4:01	1.3	4:53	8:07	
30	Sat	11:12	9.7	11:14	10.8	4:36	0.2	4:42	1.4	4:53	8:08	
31	Sun	11:51	9.6	11:52	10.7	5:15	0.2	5:20	1.5	4:52	8:09	