US HARBORS www.USHarbors.com

Southwest Harbor, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**7:33**	11.6	**8:14**	10.3	**12:49**	0.3	**1:37**	-0.7	7:08	4:05	
2	Wed	**8:32**	12.0	**9:12**	10.6	**1:51**	0.1	**2:35**	-1.1	7:08	4:05	
3	Thu	**9:27**	12.3	**10:07**	10.9	**2:48**	-0.2	**3:30**	-1.4	7:08	4:06	
4	Fri	**10:21**	12.4	**10:58**	11.1	**3:43**	-0.4	**4:21**	-1.5	7:08	4:07	
5	Sat	**11:12**	12.3	**11:48**	11.1	**4:35**	-0.4	**5:11**	-1.4	7:08	4:08	
6	Sun			**12:02**	12.0	**5:26**	-0.3	**5:59**	-1.1	7:08	4:09	
7	Mon	**12:36**	11.0	**12:51**	11.6	**6:17**	-0.1	**6:46**	-0.7	7:08	4:10	
8	Tue	**1:24**	10.8	**1:40**	11.0	**7:07**	0.2	**7:33**	-0.2	7:08	4:12	
9	Wed	**2:12**	10.5	**2:30**	10.3	**7:58**	0.6	**8:21**	0.4	7:07	4:13	
10	Thu	**3:00**	10.2	**3:22**	9.7	**8:50**	0.9	**9:10**	0.9	7:07	4:14	
11	Fri	**3:51**	9.9	**4:17**	9.1	**9:44**	1.2	**10:01**	1.3	7:07	4:15	
12	Sat	**4:43**	9.6	**5:15**	8.7	**10:41**	1.3	**10:55**	1.7	7:06	4:16	
13	Sun	**5:38**	9.5	**6:14**	8.6	**11:39**	1.3	**11:49**	1.8	7:06	4:17	
14	Mon	**6:32**	9.6	**7:10**	8.6			**12:34**	1.2	7:05	4:18	
15	Tue	**7:24**	9.8	**8:01**	8.8	**12:43**	1.8	**1:26**	0.9	7:05	4:20	
16	Wed	**8:12**	10.1	**8:48**	9.0	**1:33**	1.6	**2:13**	0.6	7:04	4:21	
17	Thu	**8:56**	10.4	**9:30**	9.4	**2:19**	1.3	**2:56**	0.3	7:04	4:22	
18	Fri	**9:37**	10.7	**10:09**	9.7	**3:01**	1.1	**3:35**	0.0	7:03	4:23	
19	Sat	**10:16**	11.0	**10:46**	10.1	**3:41**	0.8	**4:13**	-0.3	7:02	4:25	
20	Sun	**10:54**	11.3	**11:24**	10.4	**4:20**	0.5	**4:50**	-0.5	7:02	4:26	
21	Mon	**11:34**	11.4			**4:59**	0.3	**5:27**	-0.6	7:01	4:27	
22	Tue	**12:02**	10.7	**12:15**	11.4	**5:40**	0.1	**6:07**	-0.7	7:00	4:29	
23	Wed	**12:42**	10.9	**12:58**	11.2	**6:24**	-0.1	**6:48**	-0.6	6:59	4:30	
24	Thu	**1:26**	11.1	**1:46**	10.9	**7:11**	-0.1	**7:34**	-0.3	6:58	4:31	
25	Fri	**2:13**	11.1	**2:38**	10.5	**8:03**	-0.1	**8:24**	0.0	6:57	4:33	
26	Sat	**3:06**	11.0	**3:36**	10.0	**9:01**	0.0	**9:20**	0.3	6:57	4:34	
27	Sun	**4:04**	10.9	**4:41**	9.7	**10:05**	0.1	**10:23**	0.6	6:56	4:35	
28	Mon	**5:08**	10.8	**5:51**	9.5	**11:13**	0.1	**11:30**	0.7	6:55	4:37	
29	Tue	**6:15**	10.9	**7:00**	9.6			**12:22**	-0.1	6:54	4:38	
30	Wed	**7:21**	11.1	**8:05**	9.9	**12:38**	0.6	**1:26**	-0.4	6:53	4:40	
31	Thu	**8:23**	11.5	**9:02**	10.3	**1:42**	0.3	**2:25**	-0.8	6:51	4:41	