

































## Southwest Harbor, ME - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:16	10.2	7:42	11.4	12:41	0.4	12:57	0.4	4:53	8:21	
2	Mon	8:17	10.4	8:39	11.9	1:41	-0.2	1:56	0.2	4:53	8:20	
3	Tue	9:17	10.8	9:36	12.4	2:40	-0.7	2:54	-0.1	4:54	8:20	
4	Wed	10:14	11.2	10:31	12.8	3:37	-1.2	3:51	-0.3	4:55	8:20	
5	Thu	11:10	11.5	11:26	13.0	4:33	-1.6	4:47	-0.5	4:55	8:20	
6	Fri			12:05	11.7	5:27	-1.8	5:43	-0.6	4:56	8:19	
7	Sat	12:20	13.0	12:59	11.7	6:21	-1.8	6:39	-0.5	4:57	8:19	
8	Sun	1:15	12.7	1:54	11.6	7:15	-1.6	7:35	-0.3	4:57	8:18	
9	Mon	2:11	12.3	2:49	11.5	8:09	-1.2	8:32	-0.1	4:58	8:18	
10	Tue	3:07	11.7	3:44	11.2	9:03	-0.7	9:31	0.2	4:59	8:18	
11	Wed	4:05	11.1	4:40	10.9	9:58	-0.2	10:30	0.5	5:00	8:17	
12	Thu	5:04	10.5	5:37	10.7	10:54	0.3	11:30	0.7	5:01	8:16	
13	Fri	6:04	10.0	6:33	10.5	11:50	0.8			5:01	8:16	
14	Sat	7:04	9.6	7:28	10.4	12:29	0.8	12:46	1.1	5:02	8:15	
15	Sun	8:01	9.4	8:20	10.4	1:26	0.8	1:39	1.3	5:03	8:15	
16	Mon	8:55	9.4	9:09	10.5	2:19	0.7	2:30	1.4	5:04	8:14	
17	Tue	9:43	9.5	9:54	10.6	3:08	0.6	3:17	1.3	5:05	8:13	
18	Wed	10:28	9.6	10:35	10.8	3:53	0.4	4:01	1.3	5:06	8:12	
19	Thu	11:08	9.7	11:14	10.9	4:34	0.3	4:41	1.2	5:07	8:11	
20	Fri	11:46	9.9	11:52	10.9	5:12	0.2	5:19	1.2	5:08	8:11	
21	Sat			12:23	10.0	5:49	0.2	5:56	1.1	5:09	8:10	
22	Sun	12:28	10.9	12:59	10.1	6:24	0.2	6:33	1.1	5:10	8:09	
23	Mon	1:05	10.9	1:35	10.2	7:00	0.2	7:11	1.1	5:11	8:08	
24	Tue	1:43	10.8	2:12	10.3	7:36	0.2	7:51	1.0	5:12	8:07	
25	Wed	2:23	10.7	2:53	10.5	8:15	0.2	8:35	0.9	5:13	8:06	
26	Thu	3:07	10.6	3:37	10.6	8:57	0.3	9:23	0.8	5:14	8:05	
27	Fri	3:56	10.4	4:25	10.8	9:43	0.4	10:16	0.6	5:15	8:04	
28	Sat	4:50	10.2	5:19	10.9	10:35	0.5	11:14	0.5	5:16	8:03	
29	Sun	5:49	10.0	6:17	11.1	11:32	0.5			5:17	8:02	
30	Mon	6:53	10.1	7:18	11.4	12:16	0.2	12:33	0.5	5:18	8:00	
31	Tue	7:57	10.2	8:20	11.8	1:20	-0.2	1:36	0.3	5:19	7:59	