US HARBORS www.USHarbors.com

# Deer Isle, Stonington, ME - Jul 2025

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | **3:57** | 9.8 | **4:33** | 9.5 | **10:17** | 0.6 | **10:43** | 1.3 | 4:55 | 8:21 | |
| 2 | Wed | **4:50** | 9.3 | **5:23** | 9.4 | **11:06** | 1.0 | **11:38** | 1.5 | 4:55 | 8:21 | |
| 3 | Thu | **5:45** | 8.8 | **6:13** | 9.3 | **11:55** | 1.4 | | | 4:56 | 8:21 | |
| 4 | Fri | **6:42** | 8.5 | **7:04** | 9.3 | **12:34** | 1.5 | **12:46** | 1.7 | 4:57 | 8:21 | |
| 5 | Sat | **7:38** | 8.3 | **7:54** | 9.3 | **1:28** | 1.4 | **1:37** | 1.9 | 4:57 | 8:20 | |
| 6 | Sun | **8:32** | 8.2 | **8:42** | 9.4 | **2:21** | 1.3 | **2:27** | 2.0 | 4:58 | 8:20 | |
| 7 | Mon | **9:22** | 8.3 | **9:28** | 9.6 | **3:11** | 1.1 | **3:15** | 1.9 | 4:59 | 8:20 | |
| 8 | Tue | **10:09** | 8.5 | **10:12** | 9.8 | **3:58** | 0.9 | **4:01** | 1.8 | 4:59 | 8:19 | |
| 9 | Wed | **10:52** | 8.7 | **10:54** | 10.1 | **4:41** | 0.6 | **4:44** | 1.7 | 5:00 | 8:19 | |
| 10 | Thu | **11:33** | 8.9 | **11:34** | 10.3 | **5:22** | 0.4 | **5:25** | 1.5 | 5:01 | 8:18 | |
| 11 | Fri | | | **12:12** | 9.1 | **6:02** | 0.2 | **6:05** | 1.3 | 5:02 | 8:18 | |
| 12 | Sat | **12:15** | 10.5 | **12:51** | 9.3 | **6:41** | 0.0 | **6:46** | 1.2 | 5:03 | 8:17 | |
| 13 | Sun | **12:56** | 10.6 | **1:31** | 9.6 | **7:20** | -0.1 | **7:29** | 1.0 | 5:04 | 8:16 | |
| 14 | Mon | **1:38** | 10.7 | **2:13** | 9.9 | **8:01** | -0.2 | **8:15** | 0.8 | 5:04 | 8:16 | |
| 15 | Tue | **2:23** | 10.6 | **2:57** | 10.1 | **8:43** | -0.2 | **9:03** | 0.6 | 5:05 | 8:15 | |
| 16 | Wed | **3:12** | 10.4 | **3:44** | 10.3 | **9:29** | -0.1 | **9:56** | 0.5 | 5:06 | 8:14 | |
| 17 | Thu | **4:04** | 10.1 | **4:35** | 10.5 | **10:17** | 0.1 | **10:53** | 0.4 | 5:07 | 8:14 | |
| 18 | Fri | **5:01** | 9.7 | **5:30** | 10.6 | **11:10** | 0.4 | **11:54** | 0.3 | 5:08 | 8:13 | |
| 19 | Sat | **6:03** | 9.4 | **6:29** | 10.7 | | | **12:08** | 0.6 | 5:09 | 8:12 | |
| 20 | Sun | **7:09** | 9.2 | **7:30** | 10.7 | **12:58** | 0.2 | **1:10** | 0.8 | 5:10 | 8:11 | |
| 21 | Mon | **8:15** | 9.2 | **8:32** | 10.9 | **2:02** | 0.0 | **2:13** | 0.9 | 5:11 | 8:10 | |
| 22 | Tue | **9:18** | 9.3 | **9:33** | 11.1 | **3:05** | -0.3 | **3:16** | 0.8 | 5:12 | 8:09 | |
| 23 | Wed | **10:17** | 9.5 | **10:30** | 11.2 | **4:05** | -0.5 | **4:15** | 0.6 | 5:13 | 8:08 | |
| 24 | Thu | **11:12** | 9.8 | **11:23** | 11.3 | **5:00** | -0.6 | **5:10** | 0.5 | 5:14 | 8:07 | |
| 25 | Fri | | | **12:02** | 9.9 | **5:51** | -0.7 | **6:02** | 0.4 | 5:15 | 8:06 | |
| 26 | Sat | **12:14** | 11.2 | **12:50** | 10.0 | **6:40** | -0.6 | **6:52** | 0.5 | 5:16 | 8:05 | |
| 27 | Sun | **1:02** | 11.0 | **1:36** | 10.0 | **7:25** | -0.4 | **7:40** | 0.6 | 5:17 | 8:04 | |
| 28 | Mon | **1:49** | 10.6 | **2:21** | 9.9 | **8:10** | 0.0 | **8:27** | 0.8 | 5:18 | 8:03 | |
| 29 | Tue | **2:35** | 10.1 | **3:05** | 9.8 | **8:53** | 0.4 | **9:15** | 1.0 | 5:19 | 8:02 | |
| 30 | Wed | **3:22** | 9.6 | **3:49** | 9.6 | **9:35** | 0.8 | **10:03** | 1.2 | 5:20 | 8:01 | |
| 31 | Thu | **4:09** | 9.1 | **4:34** | 9.4 | **10:19** | 1.3 | **10:53** | 1.4 | 5:21 | 8:00 | |