

Deer Isle, Stonington, ME - Jul 2026

| Date | | High | | | | Low | | | | | | |
|------|-----|-------|------|-------|------|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 12:15 | 10.1 | 12:51 | 9.0 | 6:41 | 0.4 | 6:44 | 1.6 | 4:55 | 8:21 | |
| 2 | Thu | 12:52 | 10.1 | 1:27 | 9.1 | 7:17 | 0.4 | 7:22 | 1.5 | 4:55 | 8:21 | |
| 3 | Fri | 1:29 | 10.1 | 2:03 | 9.2 | 7:53 | 0.4 | 8:00 | 1.5 | 4:56 | 8:21 | |
| 4 | Sat | 2:07 | 10.0 | 2:41 | 9.3 | 8:29 | 0.4 | 8:41 | 1.4 | 4:57 | 8:21 | |
| 5 | Sun | 2:48 | 9.9 | 3:21 | 9.5 | 9:07 | 0.4 | 9:25 | 1.3 | 4:57 | 8:20 | |
| 6 | Mon | 3:32 | 9.7 | 4:04 | 9.7 | 9:48 | 0.5 | 10:13 | 1.1 | 4:58 | 8:20 | |
| 7 | Tue | 4:20 | 9.5 | 4:51 | 10.0 | 10:32 | 0.6 | 11:06 | 0.9 | 4:59 | 8:20 | |
| 8 | Wed | 5:14 | 9.3 | 5:42 | 10.2 | 11:22 | 0.7 | | | 4:59 | 8:19 | |
| 9 | Thu | 6:13 | 9.2 | 6:38 | 10.4 | 12:04 | 0.6 | 12:17 | 0.8 | 5:00 | 8:19 | |
| 10 | Fri | 7:16 | 9.1 | 7:37 | 10.7 | 1:05 | 0.3 | 1:16 | 0.9 | 5:01 | 8:18 | |
| 11 | Sat | 8:20 | 9.3 | 8:38 | 11.1 | 2:08 | 0.0 | 2:18 | 0.8 | 5:02 | 8:18 | |
| 12 | Sun | 9:23 | 9.5 | 9:38 | 11.4 | 3:10 | -0.4 | 3:20 | 0.6 | 5:02 | 8:17 | |
| 13 | Mon | 10:23 | 9.8 | 10:36 | 11.7 | 4:10 | -0.8 | 4:20 | 0.3 | 5:03 | 8:17 | |
| 14 | Tue | 11:20 | 10.1 | 11:33 | 11.9 | 5:07 | -1.1 | 5:18 | 0.1 | 5:04 | 8:16 | |
| 15 | Wed | | | 12:14 | 10.4 | 6:02 | -1.2 | 6:15 | 0.0 | 5:05 | 8:15 | |
| 16 | Thu | 12:28 | 11.8 | 1:07 | 10.5 | 6:55 | -1.2 | 7:10 | -0.1 | 5:06 | 8:15 | |
| 17 | Fri | 1:22 | 11.6 | 2:00 | 10.6 | 7:47 | -1.0 | 8:05 | 0.0 | 5:07 | 8:14 | |
| 18 | Sat | 2:16 | 11.2 | 2:51 | 10.5 | 8:37 | -0.6 | 9:00 | 0.2 | 5:08 | 8:13 | |
| 19 | Sun | 3:10 | 10.6 | 3:43 | 10.3 | 9:28 | -0.2 | 9:56 | 0.5 | 5:09 | 8:12 | |
| 20 | Mon | 4:05 | 10.0 | 4:35 | 10.1 | 10:19 | 0.4 | 10:52 | 0.7 | 5:10 | 8:11 | |
| 21 | Tue | 5:01 | 9.4 | 5:28 | 9.9 | 11:11 | 0.9 | 11:50 | 0.9 | 5:11 | 8:11 | |
| 22 | Wed | 6:00 | 8.8 | 6:22 | 9.6 | | | 12:04 | 1.4 | 5:12 | 8:10 | |
| 23 | Thu | 6:59 | 8.5 | 7:16 | 9.5 | 12:48 | 1.1 | 12:59 | 1.7 | 5:13 | 8:09 | |
| 24 | Fri | 7:58 | 8.3 | 8:10 | 9.5 | 1:46 | 1.1 | 1:54 | 1.9 | 5:14 | 8:08 | |
| 25 | Sat | 8:53 | 8.3 | 9:01 | 9.6 | 2:40 | 1.1 | 2:47 | 1.9 | 5:15 | 8:07 | |
| 26 | Sun | 9:42 | 8.4 | 9:49 | 9.7 | 3:31 | 0.9 | 3:36 | 1.8 | 5:16 | 8:06 | |
| 27 | Mon | 10:27 | 8.6 | 10:32 | 9.9 | 4:17 | 0.7 | 4:21 | 1.7 | 5:17 | 8:05 | |
| 28 | Tue | 11:08 | 8.8 | 11:12 | 10.1 | 4:58 | 0.6 | 5:03 | 1.5 | 5:18 | 8:03 | |
| 29 | Wed | 11:46 | 9.0 | 11:50 | 10.2 | 5:37 | 0.4 | 5:41 | 1.3 | 5:19 | 8:02 | |
| 30 | Thu | | | 12:22 | 9.3 | 6:13 | 0.3 | 6:19 | 1.2 | 5:20 | 8:01 | |
| 31 | Fri | 12:27 | 10.3 | 12:57 | 9.5 | 6:48 | 0.2 | 6:56 | 1.0 | 5:21 | 8:00 | |