

Sturgeon Island, Merrymeeting Bay, ME - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:09	5.5	1:24	5.7	7:16	0.0	7:38	-0.1	6:15	5:27	
2	Tue	1:45	5.5	2:00	5.6	7:53	0.0	8:11	0.0	6:13	5:29	
3	Wed	2:19	5.5	2:36	5.4	8:28	0.0	8:43	0.1	6:12	5:30	
4	Thu	2:51	5.5	3:11	5.3	9:04	0.1	9:16	0.3	6:10	5:31	
5	Fri	3:25	5.4	3:49	5.1	9:41	0.2	9:52	0.4	6:08	5:33	
6	Sat	4:01	5.3	4:29	4.9	10:21	0.3	10:32	0.6	6:06	5:34	
7	Sun	4:41	5.2	5:15	4.7	11:05	0.5	11:16	0.8	6:05	5:35	
8	Mon	5:27	5.1	6:05	4.5	11:54	0.6			6:03	5:36	
9	Tue	6:19	5.1	7:01	4.5	12:05	0.9	12:48	0.6	6:01	5:38	
10	Wed	7:15	5.1	8:01	4.5	1:00	0.9	1:46	0.6	5:59	5:39	
11	Thu	8:17	5.2	9:02	4.7	2:00	0.8	2:48	0.4	5:57	5:40	
12	Fri	9:18	5.4	9:58	5.1	3:02	0.6	3:46	0.1	5:56	5:41	
13	Sat	10:15	5.7	10:50	5.5	4:02	0.3	4:39	-0.2	5:54	5:43	
14	Sun	11:08	6.1	11:38	5.9	4:56	-0.2	5:28	-0.5	5:52	5:44	
15	Mon			12:00	6.3	5:48	-0.6	6:16	-0.8	5:50	5:45	
16	Tue	12:26	6.3	12:50	6.5	6:39	-0.9	7:03	-0.9	5:48	5:46	
17	Wed	1:14	6.6	1:41	6.5	7:29	-1.1	7:51	-1.0	5:47	5:48	
18	Thu	2:02	6.7	2:32	6.4	8:20	-1.2	8:40	-0.8	5:45	5:49	
19	Fri	2:51	6.7	3:25	6.2	9:13	-1.1	9:31	-0.6	5:43	5:50	
20	Sat	3:43	6.5	4:21	5.8	10:08	-0.8	10:26	-0.3	5:41	5:51	
21	Sun	4:39	6.2	5:22	5.5	11:07	-0.5	11:25	0.1	5:39	5:53	
22	Mon	5:41	5.9	6:27	5.2			12:10	-0.2	5:38	5:54	
23	Tue	6:46	5.6	7:34	5.0	12:29	0.4	1:17	0.1	5:36	5:55	
24	Wed	7:54	5.4	8:41	5.0	1:38	0.6	2:26	0.2	5:34	5:56	
25	Thu	9:01	5.4	9:43	5.1	2:48	0.6	3:31	0.2	5:32	5:57	
26	Fri	10:02	5.4	10:36	5.2	3:52	0.5	4:27	0.2	5:30	5:59	
27	Sat	10:54	5.4	11:22	5.4	4:47	0.4	5:15	0.2	5:28	6:00	
28	Sun	11:41	5.5			5:34	0.2	5:56	0.1	5:27	6:01	
29	Mon	12:03	5.5	12:22	5.5	6:16	0.1	6:34	0.2	5:25	6:02	
30	Tue	12:40	5.6	1:01	5.5	6:54	0.0	7:08	0.2	5:23	6:03	
31	Wed	1:15	5.6	1:38	5.4	7:30	0.0	7:40	0.3	5:21	6:05	