

Sturgeon Island, Merrymeeting Bay, ME - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:45	5.3	9:08	5.3	2:30	0.3	3:00	0.5	6:16	4:29	
2	Tue	9:40	5.4	10:04	5.3	3:28	0.4	3:58	0.4	6:17	4:28	
3	Wed	10:28	5.5	10:53	5.3	4:19	0.4	4:48	0.3	6:18	4:26	
4	Thu	11:11	5.6	11:37	5.3	5:03	0.4	5:32	0.1	6:20	4:25	
5	Fri	11:50	5.7			5:43	0.4	6:13	0.1	6:21	4:24	
6	Sat	12:19	5.3	12:27	5.7	6:19	0.5	6:50	0.0	6:22	4:23	
7	Sun	12:57	5.3	1:02	5.7	6:54	0.5	7:25	0.0	6:24	4:21	
8	Mon	1:35	5.2	1:37	5.7	7:28	0.6	8:00	0.1	6:25	4:20	
9	Tue	2:11	5.1	2:11	5.6	8:03	0.6	8:35	0.1	6:26	4:19	
10	Wed	2:47	5.1	2:46	5.6	8:39	0.7	9:12	0.2	6:28	4:18	
11	Thu	3:24	5.0	3:24	5.5	9:18	0.8	9:52	0.3	6:29	4:17	
12	Fri	4:05	4.9	4:07	5.4	10:01	0.8	10:36	0.3	6:30	4:16	
13	Sat	4:50	4.9	4:56	5.3	10:49	0.9	11:24	0.4	6:32	4:15	
14	Sun	5:39	4.9	5:49	5.3	11:42	0.8			6:33	4:14	
15	Mon	6:32	5.1	6:47	5.3	12:15	0.3	12:39	0.7	6:34	4:13	
16	Tue	7:26	5.3	7:48	5.4	1:09	0.3	1:39	0.5	6:36	4:12	
17	Wed	8:23	5.6	8:50	5.5	2:06	0.2	2:40	0.2	6:37	4:11	
18	Thu	9:19	6.0	9:50	5.7	3:03	0.0	3:41	-0.2	6:38	4:10	
19	Fri	10:13	6.3	10:47	5.9	3:59	-0.2	4:38	-0.6	6:39	4:09	
20	Sat	11:05	6.6	11:42	6.0	4:53	-0.4	5:32	-0.9	6:41	4:08	
21	Sun	11:57	6.8			5:45	-0.5	6:25	-1.1	6:42	4:08	
22	Mon	12:37	6.1	12:50	6.9	6:38	-0.5	7:18	-1.2	6:43	4:07	
23	Tue	1:31	6.1	1:43	6.9	7:31	-0.5	8:11	-1.1	6:44	4:06	
24	Wed	2:24	6.0	2:36	6.7	8:24	-0.4	9:04	-0.9	6:46	4:06	
25	Thu	3:19	5.9	3:31	6.4	9:19	-0.2	9:59	-0.6	6:47	4:05	
26	Fri	4:15	5.7	4:28	6.0	10:17	0.1	10:56	-0.3	6:48	4:05	
27	Sat	5:14	5.5	5:29	5.7	11:18	0.3	11:55	0.0	6:49	4:04	
28	Sun	6:13	5.4	6:31	5.4			12:21	0.5	6:50	4:04	
29	Mon	7:12	5.3	7:33	5.1	12:53	0.2	1:25	0.6	6:52	4:03	
30	Tue	8:09	5.3	8:34	5.0	1:52	0.4	2:29	0.6	6:53	4:03	