

Sturgeon Island, Merrymeeting Bay, ME - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:13	5.2	5:26	5.2	11:22	0.6	11:46	0.2	7:14	4:11	
2	Mon	6:01	5.3	6:21	5.1			12:15	0.5	7:14	4:12	
3	Tue	6:53	5.4	7:20	5.1	12:37	0.3	1:13	0.4	7:14	4:13	
4	Wed	7:49	5.6	8:23	5.1	1:32	0.3	2:15	0.2	7:14	4:14	
5	Thu	8:48	5.8	9:28	5.2	2:31	0.2	3:18	-0.1	7:13	4:15	
6	Fri	9:48	6.1	10:29	5.5	3:32	0.0	4:19	-0.5	7:13	4:16	
7	Sat	10:45	6.4	11:26	5.7	4:31	-0.2	5:16	-0.8	7:13	4:17	
8	Sun	11:41	6.7			5:27	-0.4	6:10	-1.0	7:13	4:18	
9	Mon	12:22	5.9	12:36	6.8	6:22	-0.6	7:04	-1.2	7:13	4:19	
10	Tue	1:16	6.0	1:30	6.8	7:17	-0.6	7:56	-1.2	7:12	4:20	
11	Wed	2:09	6.1	2:23	6.7	8:11	-0.6	8:47	-1.1	7:12	4:22	
12	Thu	3:01	6.1	3:16	6.5	9:05	-0.5	9:39	-0.9	7:12	4:23	
13	Fri	3:53	6.0	4:11	6.1	10:00	-0.3	10:31	-0.6	7:11	4:24	
14	Sat	4:48	5.8	5:08	5.7	10:58	-0.1	11:26	-0.2	7:11	4:25	
15	Sun	5:44	5.6	6:08	5.3	11:58	0.1			7:10	4:26	
16	Mon	6:40	5.5	7:08	5.0	12:21	0.1	1:00	0.3	7:10	4:28	
17	Tue	7:37	5.3	8:10	4.8	1:19	0.4	2:04	0.4	7:09	4:29	
18	Wed	8:35	5.3	9:12	4.7	2:18	0.6	3:06	0.4	7:09	4:30	
19	Thu	9:31	5.3	10:08	4.7	3:17	0.7	4:04	0.4	7:08	4:31	
20	Fri	10:22	5.4	10:57	4.8	4:10	0.7	4:53	0.3	7:07	4:33	
21	Sat	11:07	5.5	11:42	4.9	4:58	0.6	5:37	0.1	7:06	4:34	
22	Sun	11:49	5.6			5:40	0.6	6:17	0.0	7:06	4:35	
23	Mon	12:23	5.0	12:29	5.6	6:19	0.5	6:54	-0.1	7:05	4:37	
24	Tue	1:01	5.1	1:06	5.7	6:55	0.4	7:28	-0.1	7:04	4:38	
25	Wed	1:37	5.2	1:41	5.7	7:31	0.3	8:00	-0.1	7:03	4:39	
26	Thu	2:11	5.2	2:15	5.7	8:07	0.3	8:34	-0.2	7:02	4:41	
27	Fri	2:44	5.3	2:51	5.6	8:43	0.2	9:08	-0.1	7:01	4:42	
28	Sat	3:18	5.3	3:29	5.5	9:23	0.2	9:46	-0.1	7:00	4:43	
29	Sun	3:56	5.4	4:11	5.4	10:06	0.2	10:28	0.0	6:59	4:45	
30	Mon	4:38	5.5	4:59	5.3	10:54	0.2	11:15	0.1	6:58	4:46	
31	Tue	5:26	5.5	5:53	5.1	11:47	0.2			6:57	4:47	